

CLUB COLOURS

Black and white striped vest with red trim and black or red shorts must be worn in all championships and team events. All kit available from Barnet Copthall Stadium - £15 for set of vest and shorts. Lycra shorts and crop tops available for women. Contact team managers or reception at the Stadium

TRAINING AND COACHING

BARNET COPTHALL STADIUM

TUESDAY and THURSDAY 18.00 TO 20.30

Katie Alcock, Frank Attoh, Basil Bara, John Child, Charly Doyon, Bob Gayler, Clyde Gordon, Neelam Kaderbhoy (Tuesday Only), Jon Lennard, Angus McKenzie, Alfredo Melao, Nadeem Shaikh, Richard Sidoli, Bryan Smith, Tony Smith, Jeremy Sothcott, Dominic Toolan, Geoff Williams

SATURDAY 10.00 TO 12.00

Geoff Williams

SUNDAY 10.30 TO 13.00

Frank Attoh, Basil Bara, John Child, Charly Doyon, Clyde Gordon, Jon Lennard, Richard Sidoli, Tony Smith, Bryan Smith

WOODSIDE STADIUM, WATFORD - TUESDAY 18.00 TO 20.30

George Harrison

WOODSIDE PLAYING FIELDS, WATFORD – SATURDAY 10.00 TO 12.00

George Harrison

BANNISTER STADIUM, HATCH END

Bob Parker :Tuesday 18.00 – 19.30, Thursday 18.00 – 19.30, Sunday 11.00 – 12.30

WEIGHT TRAINING

Available to fully paid up members in the Clubhouse, throughout the week but only under the supervision of qualified coaches. For further details contact Geoff Williams 020 8445 8975(H) or 07868 369741(M)

Barnet Copthall Stadium 020 8202 6478

SBH Office at Copthall Stadium 020 8202 6643 Tuesday & Thursday evenings

For Club information visit the Shaftesbury Barnet Harriers web site

www.shaftesburybarnet.co.uk



Shaftesbury Barnet Harriers



www.shaftesburybarnet.co.uk

PRESIDENT: SIMON KEENE

FIXTURE CARD – SUMMER SEASON 2011

CHAIRMAN

Richard Bober
Tel: 07884 251294
e-mail richiebober@yahoo.co.uk

GENERAL SECRETARY

Philip Cunningham
147 Billy Lows Lane, Potters Bar
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Tel: 01707 850923 (H) 07903 202557 (M)
e-mail billylow@ntlworld.com

TREASURER

Geoffrey Morphitis
55 Lancaster Avenue
Hadley Wood, Barnet, Herts, EN4 0ER
Tel: 020 8447 1066 (H) 07976 994302 (M)
e-mail geoffrey.ca.morphitis@uk.gt.com

OFFICIALS SECRETARY

John Wright
Tel: 01707 376052 (H) 07814 940955 (M)
e-mail john.wright130@ntlworld.com

COACHING SECRETARY

Vacant

WELFARE OFFICER

Bryan Smith
Tel: 01923 672945 (H) 07979 654110 (M)
e-mail bryan.smith4@yahoo.com

HOME PROMOTIONS

Geoff Williams
Tel: 020 8445 8975 (H) 07868 369741 (M)
e-mail geoffwilliams1949@hotmail.co.uk

TEAM MANAGERS

BRITISH ATHLETICS LEAGUE

Geoffrey Morphitis
Tel: 020 8447 1066 (H) 07976 994302 (M)
e-mail geoffrey.ca.morphitis@uk.gt.com

UK WOMEN'S LEAGUE

Stephanie Paparizos
Tel: 01923 371085 (H) 07808 776186 (M)

NATIONAL JUNIOR LEAGUE MEN

Geoffrey Morphitis (as above)

NATIONAL JUNIOR LEAGUE WOMEN

Stephanie Paparizos (as above)

YOUNG ATHLETES LEAGUE BOYS

Clyde Gordon
Tel: 020 8909 5003 (W) 07753 985525 (M)
e-mail clydeg@elemis.com

YOUNG ATHLETES LEAGUE GIRLS

Joyce Smith
Tel: 01923 672945 (H)
e-mail bryan.smith4@yahoo.com

LONDON MARATHON EVENTS LIAISON

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