



Your Chance to represent the London Borough of Barnet in the Virgin Money Giving Mini London Marathon.

**5k Trial Race taking place on
Saturday February 20th
@ 9am, Oakhill Park, Barnet
(Race incorporated in the weekly Oakhill parkrun)**

24 places available across the following three age groups:

Boys and Girls – Under 13

Must be at least 11 years old on 24 April 2016
Born between 1 September 2002 and 24 April 2005

Boys and Girls – Under 15

Born between 1 September 2000 and 31 August 2002

Boys and Girls – Under 17

Born between 1 September 1998 and 31 August 2000

If you have any questions please contact Emily Neilan, 02036757244
emilyneilan@saracens.net



Easy as 1-2-3

To register for the London Mini Marathon Trial to represent Barnet you just need to follow this simple 3 stage process:

1. Register with parkrun on-line (if you haven't already) using the address below:
<http://www.parkrun.org.uk/register/>

Once registered, you will receive an email which has a link to print a barcode – Click on the link & **print off your barcode which you will need take it with you to the Run.**

2. When you have received your barcode email emilyneilan@saracens.net requesting a race registration form which will be sent to you.
3. Fully complete the registration form and return to Emily Neilan by email, post or drop into Allianz Park, Greenlands Lane, Hendon, London, NW4 1RL.

**Forms must be returned by 17th February,
entries after this date will not be considered.**

REMEMBER

The Oakhill parkrun takes place every Saturday. It is free to take part in once runners have registered online in advance.

The parkrun course is the one being used for the trial on February 20th, so once you have registered with parkrun you can run the course each Saturday between now and February 20th to familiarise yourself with it.

Taking your printed barcode with you ensures your run is timed so that you can see your development.

Website details for both the Oakhill parkrun and Virgin Money Giving Mini Marathon are below and if you have any questions, please don't hesitate to contact emilyneilan@saracens.net.

<http://www.parkrun.org.uk/oak-hill/>

<http://www.minimarathon.co.uk/en/about-mini-marathon/>