

EASTERN YOUNG ATHLETES LEAGUE UNDER 13 GIRLS

Ipswich

03/07/16

100m A string		W/S=	.	100m B string		W/S=	.
Emily Cann	W Suffolk		13.5	Jemina Bestley	Ipswich		13.5
Isabelle Moore	CONAC		13.6	Holly Harrison	CONAC		13.7
Shona Vincent	WGEL		13.8	Charlotte Seaton	WGEL		14.2
Lea Reyne-Faria	Barnet/SBH		14.1	Abigail Mackenzie-Websdale	Waveney		14.7
Charlotte Maher	CATS		14.5	Charlotte Mills	W Suffolk		14.9
Amber English	Waveney		15.0	Alexandra Penny	CATS		15.2
Madison Frost	Ipswich		15.3	Tahlay Afobe	Barnet/SBH		15.4

200m A string		W/S=	.	200m B string		W/S=	.
Isabelle Moore	CONAC		27.3	Millie King	Ipswich		28.5
Jemina Bestley	Ipswich		28.2	Holly Harrison	CONAC		28.7
Zahara Malcolm	WGEL		28.8	Shona Vincent	WGEL		30.2
Lea Reyne-Faria	Barnet/SBH		29.2	Abigail Mackenzie-Websdale	Waveney		31.7
Charlotte Maher	CATS		30.4	Eleanor Rachlor	Barnet/SBH		33.4
Emily Cann	W Suffolk		30.8	Ella Embery	CATS		34.2
Amber English	Waveney		31.4				.

800m A String				800m B String			
Sydney Allen	Barnet/SBH		2:31.6	Jessica Moore	Barnet/SBH		2:33.6
Zahara Malcolm	WGEL		2:33.5	Grace Forster	CONAC		2:36.7
Maddie Short	CONAC		2:34.9	Isobel Alexander	Ipswich		2:52.7
Natalie Hughes	Ipswich		2:40.5	Charlotte Mills	W Suffolk		3:01.8
Libby Stinson	W Suffolk		2:54.6	Jessica Onwubiko	WGEL		3:04.6
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1500m A String				1500m B String			
Tilly Aldis	Ipswich		5:09.3	Elena Roncarati	Barnet/SBH		5:22.5
Grace Jermy	CONAC		5:14.9	Niamh Herson	CONAC		5:42.5
Aimi Weightman	Barnet/SBH		5:19.7	Nellee Berry	Ipswich		5:45.9
Mazy King	CATS		5:59.5	Emily White	CATS		6:13.1
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70m Hurdles A String		W/S=	.	70m Hurdles B String		W/S=	.
Madison Frost	Ipswich		12.5	Millie King	Ipswich		13.0
Beth Greenwood	CONAC		12.7	Eden Harrison	CONAC		13.4
Evelyene Fontayne	Barnet/SBH		12.8	Lucy Page	CATS		15.8
Abeni Beckham	Waveney		12.9	Anna Murphy	Barnet/SBH		16.6
Charlotte Seaton	WGEL		14.6				.
Mazy King	CATS		17.5				.
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4 x 100 relay			
Ipswich	Ipswich		56.9
CONAC	CONAC		57.0
WGEL	WGEL		57.6
Barnet/SBH	Barnet/SBH		61.5
Waveney	Waveney		63.2
CATS	CATS		63.8
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Highjump A String			Highjump B String		
Evelyene Fontayne	Barnet/SBH	1.30	Emma Williamson	Ipswich	1.20
Kelly Smit	Ipswich	1.25	Sydney Allen	Barnet/SBH	1.10
Emily Owen	CATS	1.15	Lucy Page	CATS	1.10
Maddie Greenwood	W Suffolk	1.15	.	.	.
Charlotte Seaton	WGEL	1.10	.	.	.
Beth Greenwood	CONAC	1.10	.	.	.
Longjump A String			Longjump B String		
Amelia Goulborn	Ipswich	4.21	Evelyene Fontayne	Barnet/SBH	3.81
Abeni Beckham	Waveney	4.17	Holly Harrison	CONAC	3.76
Isabelle Moore	CONAC	4.09	Libby Stinson	W Suffolk	3.66
Emily Cann	W Suffolk	3.93	Mai Baidoo	Ipswich	3.53
Shona Vincent	WGEL	3.84	Abigail Mackenzie-Websdale	Waveney	3.48
Lea Reyne-Faria	Barnet/SBH	3.82	Alexandra Penny	CATS	3.36
Lucy Page	CATS	3.68	.	.	.
Shot A String			Shot B String		
Zoe Powers	CONAC	8.81	Mary Hill	CONAC	7.14
Abeni Beckham	Waveney	7.29	Natalie Hughes	Ipswich	6.57
Joella Kajoba	Ipswich	7.13	Amber English	Waveney	5.31
Samra Richardson	Barnet/SBH	6.45	Judy Agholor	Barnet/SBH	4.73
Charlotte Maher	CATS	5.72	.	.	.
Sasha Wilson	W Suffolk	5.53	.	.	.
Jessica Onwubiko	WGEL	4.88	.	.	.
Discus A String			Discus B String		
Zoe Powers	CONAC	23.14	Grace Jermy	CONAC	14.65
Samra Richardson	Barnet/SBH	19.28	Elena Roncarati	Barnet/SBH	13.19
Joella Kajoba	Ipswich	13.01	Charlotte Graham	Ipswich	11.94
Maise Elvin-Andrews	Waveney	11.27	Taela Hodds	Waveney	10.46
Sasha Wilson	W Suffolk	11.16	.	.	.
Javelin A String			Javelin B String		
Samra Richardson	Barnet/SBH	28.74	Zoe Powers	CONAC	17.77
Eden Harrison	CONAC	20.51	Elena Roncarati	Barnet/SBH	13.69
Sasha Wilson	W Suffolk	18.74	Charlotte Graham	Ipswich	10.11
Joella Kajoba	Ipswich	11.07	.	.	.
Jessica Onwubiko	WGEL	10.49	.	.	.
Mazy King	CATS	7.10	.	.	.