MIDDLESEX YOUNG ATHLETES LEAGUE

TRACK			FIELD			Field Event Team
TIME	EVENT		TIME	EVENT		
12.30pm	70m Hur	U13G	12.30pm	Vortex Throw	U11G/U11B	1
	75m Hur	U15G		Long Jump	U11G	2
	75m Hur	U13B		Long Jump	U15G	3
	80m Hur	U17W		Shot	U13G	4
	80m Hur	U15B				
	100m Hur	U17M				
1.10pm	800m	U11G	1.15pm	Long Jump	U13G	2
	800m	U13G		High Jump	U15G	3
	800m	U15G		Shot	U15B	4
	800m	U17W		Discus	U17M	
	800m	U11B				5
1.45pm	100m	U11G				
	100m	U13G	2.00pm	Long Jump	U17W	5
	100m	U15G		Discus	U15B	1
	100m	U17W		Shot	U13B	4
	100m	U11B				
	100m	U13B				
	100m	U15B				
	100m	U17M	2.45pm	Shot	U15G/U17W	4
				Long Jump	U13B/U15B	2
				High Jump	U15B	3
2.50pm	1500m	U13B		Javelin	U13G/U13B	1
	1500m	U15B				
	1500m	U17M				
			3.30pm	Long Jump	U11B	2
				Shot	U17M	5
3.20pm	200m	U15G		Discus	U15G/U17W	1
	200m	U17W				
	200m	U13B				
	200m	U15B	4.15pm	High Jump	U17M	3
	200m	U17M		Javelin	U17M	5
4.00pm	4 x 100	U11G				
	4 x 100	U13G				
	4 x 100	U15G				
	4 x 100	U17W				
	4 x 100	U11B				
	4 x 100	U13B				
	4 x 100	U15B				
	4 x 100	U17M				

Events each age group

U11G	U13G	U15G	U17W	U11B	U13B	U15B	U17M
	70mHur	75mHur	80mHur		75mHur	80mHur	100mHur
100m	100m	100m	100m	100m	100m	100m	100m
		200m	200m		200m	200m	200m
800m	800m	800m	800m	800m			
					1500m	1500m	1500m
4 x 100	4 x 100m	4 x 100m	4 x 100m	4 x 100	4 x 100m	4 x 100m	4 x 100m
Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	
		High Jump				High Jump	High Jump
	Shot(2.72kg)	Shot(3kg)	Shot(3kg)		Shot(3.25kg)	Shot(4kg)	Shot(5kg)
Vortex throw	Javelin(400g)			Vortex throw	Javelin(400g)		Javelin(700g)
		Discus(1kg)	Discus(1kg)			Discus(1.25kg)	Discus(1.5kg)

Team 1	Team 2	Team 3	Team 4	Team 5
U11B & G Vortex	U11G LJ	U15G LJ	U13G Shot	U17M Discus
U15B Discus	U13G LJ	U15G HJ	U15B Shot	U17W LJ
U13G&B Javelin	U13B/U15B LJ	U15B HJ	U13B Shot	U17M Shot
U15G/U17W Discus	U11B LJ	U17M HJ	U15g/U17W Shot	U17M Javelin