

# SHAFTESBURY BARNET HARRIERS

## BEST PERFORMANCE AWARDS 2019

	WOMEN	MEN
<b>ATHLETE OF THE YEAR</b>	ELIZABETH BIRD	ZHARNEL HUGHES
<b>SENIOR TRACK</b>	ELIZABETH BIRD	KYLE LANGFORD
<b>SENIOR FIELD</b>	SHADINE DUQUEMIN	GREGORY THOMPSON
<b>MASTERS TRACK</b>	CLAIRE SPURWAY V40 / GEMMA BENNETT V35	NENGI OSSAI V40
<b>MASTERS FIELD</b>	NENE HARRISON V35 / ROSALIND ZEFFERTT V55	ALFREDO MELAO V60
<b>UNDER 23 TRACK</b>	LILY BECKFORD / ELLIE BAKER	DOMINIC ASHWELL
<b>UNDER 23 FIELD</b>	EAVION RICHARDSON	GEORGE EVANS / ADE MASON
<b>JUNIOR ATHLETE OF THE YEAR</b>	HANNAH FOSTER	HENRY MCLUCKIE / KRISTIAN IMROTH
<b>UNDER 20 TRACK</b>	HANNAH FOSTER	JOSHUA FAULDS
<b>UNDER 20 FIELD</b>	JAZZ SEARS	GLEN QUAYLE
<b>UNDER 17 TRACK</b>	EMILY HATHAWAY / FREYA STAPLETON	MUKHTAR MUSA
<b>UNDER 17 FIELD</b>	AMELIA DALEY	KENAN STEPHENS
<b>UNDER 15 TRACK</b>	NIAH AKINTOKUN / ALINA COFIE	MALACHI AMADI
<b>UNDER 15 FIELD</b>	KACEY WALTERS	OR SEGAL
<b>UNDER 13 TRACK</b>	NIA FORBES-AGYEPONG	ZICO JONES
<b>UNDER 13 FIELD</b>	EVA CHALISEY	EBUKA NWOKESI
<b>UKWAL / BAL TROPHY</b>	INDIRA PATEL / ALEXA EICHELMANN	ETHAN WALSH /LUKE SMITH / NATHAN FOX / DANIEL LEWIS
<b>YDL (U20) TROPHY</b>	MIA GROOM / LOUISA PITSIALIS	JAMES LANCASTER / OLIVER GRAHAM
<b>YDL (U17) TROPHY</b>	JOANNE MIRANDA / CHIYENNE ADRIEN / VANESSA ANSUA	JUBRIL ADENIJI /JUDE MIRANDA
<b>EYAL (U17) TROPHY</b>	KATIE WEBB	BENJAMIN HOCKING
<b>EYAL (U15) TROPHY</b>	AZARIA NWANKWO / REBECCA WHEELER-HENRY	ERNEST BARNES
<b>EYAL (U13) TROPHY</b>	MIA HIGSON	GIANLEO STUBBS
<b>SPRINTERS CUP</b>	PAGE FAIRCLOUGH	OJIE EDOBURUN
<b>HURDLES CUP</b>	JESSICA HUNTER	SEB RODGER / EDSON GOMES
<b>U20 800m CUP</b>	LIA RADUS	MUKHTAR MUSA
<b>DISTANCE RUNNER OF YEAR</b>	NAOMI TASCHIMOWITZ	KIERAN CLEMENTS
<b>LONG DISTANCE ROAD RNR</b>	RACHEL FELTON V35	KOJO KYEREME V40
<b>MASTERS DISTANCE RUNNER</b>	NO WINNER	TONY JACKSON V50
<b>SERVICES TO THE CLUB</b>	CLYDE GORDON	
<b>COACH OF THE YEAR</b>	JEREMY SOTHCOTT	
<b>OFFICIAL OF THE YEAR</b>	HELEN ISAACS	DANIEL SEECHAN
<b>CROSS COUNTRY POINTS U11</b>	POSIE SHAW	THOMAS CADWALLADER
<b>CROSS COUNTRY POINTS U13</b>	LAUREN MALTZ	JOSEPH O'HARA
<b>CROSS COUNTRY POINTS U15</b>	MAAYAN RADUS	SAMUEL GREENSTEIN
<b>CROSS COUNTRY POINTS U17</b>	FREYA STAPLETON	JUDE MIRANDA
<b>CROSS COUNTRY POINTS U20</b>	KAYLA MICHEL	OLIVER GREENSTEIN
<b>CROSS COUNTRY POINTS SNR</b>	ELANA DIMMER	MATTHEW GRANT
<b>CROSS COUNTRY POINTS MSR</b>	NO WINNER	40-49 ORLANDO EDWARDS 50-59 ROBERT RIGBY 60-69 JOHN KELLY
<b>CROSS COUNTRY CHAMP U11</b>	POSIE SHAW	THOMAS CADWALLADER
<b>CROSS COUNTRY CHAMP U13</b>	ABI JEFFERY	GIANLEO STUBBS
<b>CROSS COUNTRY CHAMP U15</b>	AIMI WEIGHTMAN	MUKHTAR MUSA
<b>CROSS COUNTRY CHAMP U17</b>	FREYA STAPLETON	DAVID STONE
<b>CROSS COUNTRY CHAMP U20</b>	GABRIELLA KYRIACOU	GEORGE GROOM
<b>CROSS COUNTRY CHAMP SNR</b>	NAOMI TASCHIMOWITZ	5 MILES – THOMAS BUTLER 9 MILES – MATTHEW GRANT
<b>CROSS COUNTRY CHAMP MSR</b>	NO WINNER	JAMES TRAPMORE
<b>SPECIAL TRACK + FIELD AWARD</b>	EDWIN YAMOAH – WORLD TRANSPLANT GAMES - GATESHEAD	