

Shaftesbury Barnet Harriers Best Performance Awards 2020

The Covid pandemic lockdown prevented athletics training and did not allow any scope for competition. Training was permitted in June and arrangements for events were published and updated. The efforts of our coaches and athletes to keep the sport going demanded our best efforts to organise competitions even in the very disturbing times. On the first weekend permitted (11 July) SBH promoted a "ThrowsFest" at Copthall with two pools of 6 throwers in each throwing event. Compliance with Covid restrictions was achieved and the meeting went well with good performances by the athletes and enjoyment by the officials.

League competition had already been abandoned and Copthall was not available for competitions. Thus, we embarked on a series of LICC meetings at the Lee Valley Athletics Centre in partnership with the Achilles Club. Devising event arrangements was difficult. We had to deal with an "away" track, and with constantly changing restrictions. However, a successful series of 6 events over three weekends was held.

SBH were responsible for the meeting format and the officials while Achilles organised the entries and shared the meeting management. With restrictions on numbers we had Young Athletes on the Saturdays and Juniors and Seniors on the Sundays. It took 2 weekends to cover the full range of track and field events. There was a good attendance throughout and again the officials were happy to have come. Special mention should be made of the Young Athletes 4 x 100m Relay event run on behalf of UKA that we held when some one hundred teams from all over the country attended, and over a thousand people passed through the venue over the course of the day

We understand that our arrangements were used for other club promotions. Gratifyingly, there were no adverse effects from these events. We can take satisfaction that we led the promotion of meetings during a very traumatic summer. We had many comments of appreciation from athletes and coaches for our efforts and those of our many officials.

The 2020 outdoor season provided relatively few competition opportunities in these difficult times. Therefore, the Club Council have decided that there would be no Club Best Performance Awards for the year but to award medals to athletes who have produced top 6 age group rankings in 2020 as set out below. There were 6 new Club Records of which the most notable was the 1:44.83 in the Senior men's 800m by **KYLE LANGFORD** and on the women's side, **LIZZIE BIRD** who set a new record in the 2000m Steeplechase which was also the best ever by UK athlete.

SBH TOP 6 UK TRACK & FIELD RANKINGS 2020				
RANK	EVENT	SENIOR MEN	RESULT	
5	100m	Ojie Edoburun	10.35	
1	200m	Antonio Infantino	20.5	
3	400m	Charlie Dobson (HCA)	45.84	
5	800m	Kyle Langford	01:44.8	(A)
2	3000m S/C	Mark Pearce	08:33.6	
2	High Jump	David Smith	2.24	
4	Pole Vault	Ethan Walsh	5.36	
4	Long Jump	Dan Bramble	7.81	
6	Triple Jump	Nathan Fox	15.86	
1	Shot	Scott Lincoln (HCA)	20.65	
5	Hammer	Chris Bennett	69.27	
2	Discus	Nicholas Percy	63.02	
3	Javelin	Daniel Bainbridge	72.68	
		SENIOR WOMEN		
3	400m H	Lina Nielsen	56.99	
4	400m H	Hayley McLean	57.61	
1	2000m S/C	Elizabeth Bird	06:11.8	(B)
3	3000m S/C	Elizabeth Bird	09:55.2	
1	Discus	Jade Lally	58.95	

3	Discus	Shadine Duquemin	54.82	
JUNIOR MEN				
2	1500m	Henry McLuckie	3.42.16	(A)
1	3000m	Charles Hicks	8.08.94	
4	3000m	Henry McLuckie	8.15.91	
2	110m	Jami Schlueter	14.3	
1	Pole Vault	Glen Quayle	4.82	
2	Long Jump	Brad Davies-Pughe	7.33	
4	Triple Jump	Josh Woods	14.42	
2	Hammer	Oliver Graham	66.47	
JUNIOR WOMEN				
2	Triple Jump	Jazz Sears	12.53	
UNDER 17 MEN				
2	100m	Emmanuel Duruiheoma	10.94	
1	200m	Mario Dobrescu	21.78	
2	200m	Remi Jokosenumi	21.98	
1	400m	Mario Dobrescu	48.17	(A)
3	1500m	Mukhtar Musa	3.53.53	
5	100m H	Ruben Hedman	13.45	
3	High Jump	Kimani Jack	1.99	
3	Shot	James Isaacs	15.52	
3	Discus	Gabriel Lamb	48.11	
UNDER 17 WOMEN				
5	High Jump	Kacey Walters	1.69	
UNDER 15 BOYS				
3	100m	Malachi Amadi	11.2	
5	200m	Malachi Amadi	23.15	
6	300m	Zico Jones	37.48	
UNDER 15 GIRLS				
6	100m	Niah Akintokun	12.49	
1	200m	Niah Akintokun	24.68	(A)
2	Pole Vault	Natalia Ivanov	3.3	(A)

B = UK Top All time

A = Club Record