

SBH Mens Best Performances 2020 - Road And Parkrun Under U17, U20 and Senior

Senior Men

5k

Jake Shelley	13.46
Thomas Butler U23	14.42
Kojo Kyereme V45	15.00
Mitchell Cox U23	15.05

10k

Jake Shelley	29.40
Dylan Evans	30.25
Kojo Kyereme V40	31.42
Thomas Kearns	33.14
John Kourpas	34.30
Ash Brooks	36.32
Robert Rigby V55	37.31

Half Marathon

Kieran Clements	69.53
Ash Brooks	78.58
Tony Jackson V50	79.20
Sam Griffiths U23	80.17
Ashok Mathur	81.53

Parkrun

Kieran Clements	14.38
Matt Grant	17.35
Oliver Greenstein U23	17.42
Ash Brooks	17.53
Lenard Michel V50	23.11

Under 20 Men

5k

Henry McLuckie	14.13
Kristian Imroth	14.30
Nathan Goddard	16.34

Half Marathon

Daniel Greenstein	81.31
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Parkrun

Kristian Imroth	16.14
Daniel Greenstein	17.12

Under 17 Men

Parkrun

Luca Stubbs	17.03
Finn Macarthy	17.24
Theo Machin-Paley	17.45
Bini Bloom	17.47
Dylan Michel	17.55