

North West London League Under 13 Boys Individual Winners From 2009-2020 Season

2009/2010

03/10	Billy Kelsey	Shaftesbury Barnet Harriers
24/10	J Brennan	Barnet & District
05/12	Billy Kelsey	Shaftesbury Barnet Harriers
06/02	Billy Kelsey	Shaftesbury Barnet Harriers
06/03	Billy Kelsey	Shaftesbury Barnet Harriers

2010/2011

02/10	Youcef Harizi	Enfield & Haringey
23/10	Youcef Harizi	Enfield & Haringey
04/12	Youcef Harizi	Enfield & Haringey
05/02	George Gould	Highgate Harriers
26/03	Youcef Harizi	Enfield & Haringey

2011/2012

22/10	Aaron Spink	Ealing, Southall & Middlesex
26/11	Aaron Spink	Ealing, Southall & Middlesex
03/12	Aaron Spink	Ealing, Southall & Middlesex
04/02	Aaron Spink	Ealing, Southall & Middlesex
03/03	K Mahaddine	Thames Valley Harriers

2012/2013

27/10	George Groom	Shaftesbury Barnet Harriers
24/11	George Groom	Shaftesbury Barnet Harriers
01/12	Jamie Harper	Shaftesbury Barnet Harriers
02/02	John Fielding	Ealing, Southall & Middlesex
02/03	Jamie Harper	Shaftesbury Barnet Harriers

2013/2014

25/09	Finn Harvey	Shaftesbury Barnet Harriers
23/11	Jamie Harper	Shaftesbury Barnet Harriers
07/12	Jamie Harper	Shaftesbury Barnet Harriers
01/02	Jamie Harper	Shaftesbury Barnet Harriers
01/03	Henry Fulton	Shaftesbury Barnet Harriers

2014/2015

	Name	Team
27/09	Kristian Imroth	Dacorum & Tring
22/11	Finn Harvey	Shaftesbury Barnet Harriers
29/11	Finn Harvey	Shaftesbury Barnet Harriers
31/01	Finn Harvey	Shaftesbury Barnet Harriers
28/03	Kristian Imroth	Dacorum & Tring

2015/2016

	Name	Team
26/09	Luke Hunt	Harrow
28/11	Luca Stubbs	Shaftesbury Barnet Harriers
12/12	Monte Watson	Highgate Harriers
06/02	Dylan Michel	Shaftesbury Barnet Harriers
05/03	Dylan Michel	Shaftesbury Barnet Harriers

2016/2017

	Name	Team
01/10	Ruairi McGonagle	London Heathside
29/10	Sam Amdor	Highgate Harriers
26/11	Dylan Michel	Shaftesbury Barnet Harriers
18/02	Ruairi McGonagle	London Heathside

04/03 Ruairi McGonagle London Heathside

2017/2018

Name

Team

30/09 Abdirahim Hamud Hillingdon
28/10 Abdirahim Hamud Hillingdon
25/11 Spike Blake London Heathside
17/02 Frank McGrath Cookham
24/03 Abdirahim Hamud Hillingdon

2018/2019

Name

Team

29/09 Spike Blake London Heathside
27/10 Spike Blake London Heathside
24/11 Paul Opie Highgate Harriers
16/02 Paul Opie Highgate Harriers
02/03 Spike Blake London Heathside

2019/2020

Name

Team

28/09 Zico Jones Shaftesbury Barnet Harriers
26/10 Zico Jones Shaftesbury Barnet Harriers
23/11 Zico Jones Shaftesbury Barnet Harriers

2021-2022

Name

Team

28/09 Arthur Phillips Shaftesbury Barnet Harriers
26/10
23/11
05/02
05/03