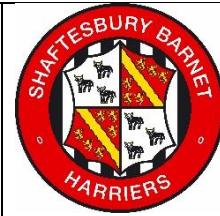


# SHAFTESBURY BARNET HARRIERS

## ANNUAL REPORT

1 OCTOBER 2020 to 30 SEPTEMBER 2021



Firstly congratulations to our Olympic and Para-Olympic Athletes  
ZHARNEL HUGHES 100m and 4x100m Relay  
MICHAEL OHIOZE 4x400m Relay  
LIZZIE BIRD 3000m Steeplechase  
ANTONIO INFANTINO 200m  
COLUMBA BLANGO 400m  
SCOTT LINCOLN (2<sup>nd</sup> Claim) Shot Putt.

Obviously the year has again been greatly disrupted due to Covid. While many events were cancelled training continued whenever possible. In particular, a big thanks to Jeremy Sothcott for co-ordinating the training at StoneX Stadium.

Neelam Kaderbhoj was awarded the Coronation Trophy for Services to the Club and also recognised at the London Council Awards Night.

Ellie Baker ran at the 800m at the European Indoor Championships, coming 4<sup>th</sup>.

Beth Potter ran faster than the women's world record with a 5km in 14:41.

2<sup>nd</sup> Claim athletes referred to in the Annual Report are marked \*

The following 8 SBH athletes were selected for the European Team Championship. Chris Bennett (Hammer), Ojie Edoburun (100m and 4x100m Relay), Jade Lally (Discus), Scott Lincoln\* (Shot), Lina Nielson (4x400m Relay), Michael Ohioze (4x400m Relay), Jamal Rhoden-Stevens (4x400m Relay) and Jordan Watson-Brown (4x100m Relay).

Columba Blango won the 400m Gold in the T20 400m at the European Para Championships.

At the Southern U20 and Senior Championships we won Gold Medals with Decare Davies U20 (200m), Emily Newnham U20 (400m Hurdles), Evelyne Fonteyne U20 (High Jump), Jade Ive\* (Pole Vault), Ruth-Ann Otaruoh\* U20 (Triple Jump), Amy Holder\* (Discus), Nick Percy (Discus) and Louise Lockwood (Javelin).

Congratulations to our new Club Record holders

Mark Pearce who ran an incredible 3000m Steeplechase 8:25.43 and then 8:24.83  
Eve Wright U20 who ran 100m in 11.64 and then 11.62  
Aimi Weightman U17 who ran 1500m in 4:26.67  
Emily Newnham U20 who ran 400m Hurdles in 60.18 and then 60.10  
Lizzie Bird in the Senior Women's 3000m Steeplechase with a time of 9:22.80 and then 9:19.68.  
Zico Jones U15 who ran 300m in 35.29  
Posie Shaw U13 who ran 4:56.55 in the Girls 1500m and then 4:54.79  
Lisa Webb V55 who ran 800m 2:38.21  
Rian Shah U13 who ran the Boys 75m Hurdles in 12.1  
Ellie Baker who ran 1500m indoors in 4:13.66

At the England Under 20/23 Championships the club had 4 England Champions

Lily Parris\* U20 (100m Hurdles),  
Emily Newnham U20 (400m Hurdles),  
Brad Davies-Pughe U20 (Long Jump) and  
Daniel Bainbridge U23 (Javelin).  
There were Silver Medals from Jason Nicholson\* U23 (400m Hurdles), Josh Woods U20 (Triple Jump) and Oliver Graham U23 (Hammer), also Bronze Medals from Dominic Ashwell U23 (100m) and Kimani Jack U20 (High Jump).

Shaftesbury again finished top Men's club in the British Athletics Championships. In addition, we came away with 4 British Champions together with 2 Silver and 4 Bronze Medals. Our Champions were Lizzie Bird in the 3000m steeplechase, Scott Lincoln\* in the Shot Putt, Daniel Bainbridge in the Javelin and Mark Pearce in the 3000m Steeplechase. There were Silver Medals from Shadine Duquemin (Discus), Nick Percy (Discus) and Chris Bennett (Hammer), also Bronze Medals from Michael Ohioze (400m), David Smith (High Jump), Efe Uwaifo\* (Triple Jump) and Gregory Thompson (Discus).

At the English Schools Championships, we had 34 athletes competing, of which 3 came away as English School Champions. Alannah Fashanu U20 won the Senior Girls 100m title, Zico Jones U15 won the Junior Boys 300m title and Calvin Smith U17 won the Intermediate Boys 400m title. We also had 7 Silver Medal winners with Nicole McGovern U17 (IG 800m), Mukhtar Musa U20 (SB 800m), Aimi Weightman U17 (IG 1500m), Marli Jessop U20 (SG 100m Hurdles), Ruben Hedman U20 (SB 110m Hurdles), Kacey Walters U17 (IG High Jump) and Abigail Edwards U15 (JG Pole Vault). Gabriel Lamb U17 won the Bronze Medal (IB Discus).

At the European U20 Championships Henry McLuckie won the Bronze Medal in the 1500m.

At the England Athletics Senior Championships, we came away with 4 Gold Medals; Hayley McLean won 400m Hurdles, Efe Uwaifo\* won the Triple Jump, Shadine Duquemin won the Discus and Nick Percy won the Discus. There were Silver Medals from Edson Gomes in the 110m Hurdles, Niall Carney in the 400m Hurdles, Jade Ive\* in the Pole Vault, and Daniel Bainbridge in the Javelin. There were Bronze Medals from Emma Andersson in the Pole Vault and Efe Uwaifo\* in the Long Jump.

At the County Championships there were Medals galore.

In the Middlesex Championships there were Gold Medals for – Angel McLeod U13 (100m and 200m), Zico Jones U15 (100m and 200m), Harry Pincherle U13 (200m), Jacob Clement U15 (800m), Dina Silverman U15 (800m), Arthur Phillips U15 (1500m), Celine Silverman U15 (Pole Vault), Phoebe Music U15 (Shot), Millie Roxburgh U13 (Javelin), Abdirahim Hamud U17 (800m and 1500), Nicole McGovern U17 (1500m), Azaria Nwankwo U17 (300m Hurdles), Manon Baines U17 (Pole Vault), Ruth Ann-Otaruoh\* U20 (Triple Jump), Michael Nicholls F44 (Discus 1.5kg) and James Hamblin\* (Hammer 7.26kg). Silver Medals were won by Moiesha Savage U13 (100m), Lani Jaiyeola U13 (200m), Saugat Pun U15 (200m) and Euan Phillips U13 (800m). And Bronze Medals were won Harry Pincherle U13 (100m), Saugat Pun U15 (100m), Jimi Adu U13 (200m), Moiesha Savage U13 (200m), Austin Ward U15 (300m), Mya Mairs-Ingram U15 (800m) and Eva Chalisey U15 (75m Hurdles).

In Berkshire Nicole McGovern U17 won the Gold Medal in the 800m.

In Kent Kacey Walters U17 won the Gold Medal in the high jump.

At the Somerset Champs Kiera Gilman\* U20 won the Silver Medal in the 100m and Gold in the 200m.

At the Buckinghamshire Champs Joseph Purbrick\* U20 won the Gold Medal in the 110m Hurdles and the Silver Medal in the 200m. Claudia Kerry-Roger\* U17 won the Gold Medal in the Shot 3kg and won the Silver Medal in the SW Discus 1kg.

At the Cambridgeshire Champs Giles Kerry-Roger won the Gold Medal in the Boys U13 Discus.

At the Surrey Champs 200m Jordan Watson-Brown won the Gold Medal in the 200m, Tolu Ayo-Ojo U20 won the Silver Medal in the Pole Vault and Shot.

In Norfolk Calvin Smith U17 won the Gold Medal in the 400m and the Bronze Medal in the 100m.

At the Hampshire County Champs there were Gold Medals for Lucy Woodward U20 in the Long Jump and Nick Percy in the Discus with Silver Medals for Lucy Woodward U20 in the 200m and Javelin. Cameron Campbell U23 won the Bronze Medal in the Discus.

In Essex Lily Parris\* U20 won the Gold Medal in the 100m and 200m, Rebecca Jeggo\* U23 won the Gold Medal in the 100m and 200m and Louise Lockwood won the Gold Medal in the Javelin

600g. There were Silver Medals for Ruben Hedman U20 in the 110m Hurdles and Philippa Davenall in the Hammer.

At the Bedfordshire Champs Edson Gomes won the Gold Medal in the 100m and 200m and Hannah Foster U20 won the Gold Medal in the 400m.

There were Gold Medals at the Hertfordshire Champs for Chiyenne Adrien U20 in the 100m, Vanessa Ansuaa U20 in the 400m, Jazz Sears U23 in the long jump, Gabriel Lamb U17 in the Shot, Hammer and Discus, James Isaacs U20 in the Shot, Hammer and Discus and Katie Webb U20 in the Discus. Josh Edwards U23 won the Bronze Medal in the 5,000m as did Ralph Williams U20 in the 110 Hurdles.

At the England U15/U17 Championships we had 2 England title winners with Zico Jones U15 in the 200m and Calvin Smith U17 in the 400m. There were 4 Silver Medals from Nicole McGovern U17 800m, Gianleo Stubbs U15 1500m, Aimi Weightman U17 1500m and Manon Baines U17 Pole Vault with a Bronze medal from Gabriel Lamb U17 Discus.

At the Scottish Champs there were Gold Medals for David Smith in the High Jump and Nick Percy in the Discus. Lewis McGuire won the Silver Medal in the High Jump as did Claire McGarvey U23. There were also Silver Medals for Angus McInroy in the Shot and Discus.

At the Welsh Champs there was a Gold Medal for Zane Duquemin in the Discus and Bronze Medals for Ethan Walsh and Jade Ive\* in the Pole Vault.

At the British Masters Championship Gary Smith\* V50 won the Gold Medal in the 100m Hurdles, Long Jump and Triple Jump and the Silver Medal in the High Jump. Johnson Ogunniyi V50 won the Silver Medal in the 200m and Nene Harrison V40 won the Silver Medal in the 80m Hurdles and Shot Putt.

At the Southern U13/U15/U17 Championships our winners were Angel McLeod U13 in the 100m, Nicole McGovern U17 in the 1500m, Calvin Smith U17 in the 400m and Gabriel Lamb U17 in the Discus. There were also Silver Medals for Angel McLeod in the 200m, Abdirahim Hamud U17 in the 1500m, Keelan Farrell in the Triple Jump and Abi Edwards U15 in the Pole Vault.

**At the Paralympics Games in Tokyo Columba Blango T20 won an outstanding Bronze Medal.**

The SBH team finished second overall in the UK Youth Development League and in the Eastern Young Athletes League.

At the UK School Games National Final there were Gold Medals from Calvin Smith U17 in the 400m and from Claudia Kerry-Roger\* in the Discus. We also won two Bronze Medals from Manon Baines in the Pole Vault and Gabriel Lamb in the Discus.

It was also a busy year for our officials. Clubs felt confident enough to re-start the leagues but with groupings that minimised travel and permitted guests and thankfully the Officials remained confident enough to support our meetings fully.

Our first match was the National Athletics League at the start of June which we had to promote at Lee Valley because Copthall was not available until July. The next weekend we promoted two LICC meetings again at Lee Valley to help young athletes get ESAA qualifications, and were pleased to see that many did.

We then promoted another NAL, the YDL, the MYAL, the EYAL, and three LICC meetings at Copthall through to early September. All of these were successful despite only seven lanes being available because of the rebuilding of the West Stand. The formal pandemic restrictions wound down during the summer but we maintained our main policy of enabling Officials and Athletes to keep clear of each other and thankfully we are not aware of any Officials being adversely affected. It can be seen that we promoted a heavy schedule which was well supported, and look forward to improved availability of the facilities next year.

Over the past 2 years or so, Dave Bedford and Bryan Smith have had numerous meetings with Saracens Rugby Club and the London Borough of Barnet principally dealing with Stadium availability.

On a sadder note, we need to report the passing of Lloyd Cowan, Ted Nolan, Gary Kyriacou and Glasford Jones.

As always, on behalf of the club we send our thanks and appreciation to all our Team Managers, Officials and helpers, for their contribution and professionalism throughout the year. Also, a big thank you to all the Parents who support their sons/daughters, week in, week out. Apologies if you have not been mentioned by name but I can assure you that our success during the last year has been due to the efforts of everyone. Good luck to you all in 2021/22.

Philip Cunningham – General Secretary

30 November 2021

**Based on the Alan Weller weekly reports and newsletters**