

CLUB COLOURS

Black and white striped vest with red trim and black or red shorts must be worn in all championships and team events. All kit available from StoneX Stadium - £25 for vest, £20 for crop top and £15 for shorts/hot pants. Contact Geoffrey Morphitis on 07976 994302 or at geoffrey.morphitis@capeandd.com

WEIGHT TRAINING

Available to fully paid up members in the Clubhouse, throughout the week but only under the supervision of Shaftesbury qualified coaches.

TRAINING AND COACHING

We have UKA qualified coaches at StoneX Stadium every Tuesday and Thursday night which cover the following disciplines – Endurance, Sprints, Hurdles, Long Jump, Triple Jump and Throws. We also have regular Monday and Wednesday night sessions by UKA qualified coaches at StoneX Stadium for High Jump and Pole Vault.

Endurance coaches also hold sessions at Woodside Stadium, Watford, St Albans and Trent Park.

If you require any further information, please contact for the Tuesday and Thursday sessions our Coaching Secretary – Jeremy Sothcott on 07764 621424 (M) or e-mail jeremy.sothcott@btinternet.com and Clyde Gordon on clydeg67@hotmail.co.uk for the Monday and Wednesday sessions.

Our coaches have DBS certification. Their respective qualifications can be viewed on the Shaftesbury Barnet Harriers website at <http://sbharriers.co.uk/coaching-officials/coaches/>

CLUB HOODIES

With well over eight hundred hoodies already in circulation, this is your opportunity to join the club. The bright red hoody is made to order and name embroidered on the front along with the club badge and has the Club name on the back. We now have 2 styles, the original pull over style at £35 + £5 P&P or the new one with a full zip at £40 + £5 P&P.

Here is the link to the Supreme Sports website which if you click on it, will take YOU to the new Club Hoody and allow you to then view the full range of Club kit online – <http://supreme-sports.co.uk/webshop/schools-and-clubs/shaftesbury-berner-harriers/>

Please refer to Shaftesbury Barnet Harriers weekly e-newsletter for updated information on all fixtures <http://sbharriers.co.uk/news/>



Shaftesbury Barnet Harriers



www.shaftesburybarnet.co.uk

PRESIDENT: GEOFF WILLIAMS

FIXTURE CARD – SUMMER SEASON 2022

CHAIRMAN

John Kelly

Tel: 01923 857124 (H) 07582 663245 (M)

e-mail john.kelly@ishtm.ac.uk

GENERAL SECRETARY

Philip Cunningham

147 Billy Lows Lane, Potters Bar,

Hertfordshire EN6 1UY

Tel: 01707 850923 (H) 07903 202557 (M)

e-mail billylow@ntlworld.com

TREASURER

Geoffrey Morphitis

55 Lancaster Avenue

Hadley Wood, Barnet, EN4 0ER

Tel: 020 8447 1066 (H) 07976 994302(M)

e-mail geoffrey.morphitis@capeandd.com

OFFICIALS SECRETARY

Gerald Alterman

Tel: 07956 825781 (M)

e-mail gerald@marksman.plus.com

OFFICIALS CO-ORDINATOR

Rosalind Zeffertt

PROMOTIONS SECRETARY

Dave Bradley

Tel: 020 8428 9890 (H) 07961 452786 (M)

e-mail davidnbradley@btopenworld.com

COACHING SECRETARY

Jeremy Sothcott Tel: 020 8441 9309 (H)

07764 621424 (M)

e-mail jeremy.sothcott@btinternet.com

WELFARE OFFICERS

Men: Edward King

Tel: 07969 021044 (M)

e-mail ted.king@bbc.co.uk

Women: Nene Harrison

Tel: 07775 958018 (M)

e-mail nene.harrison@gmail.com

TEAM MANAGERS

NATIONAL ATHLETIC LEAGUE

Team Manager Men: Geoffrey

Morphitis Details as Treasurer

Assistant Manager: Clyde Gordon

Tel: 07753 985525 (M)

e-mail clydeg67@hotmail.co.uk

NATIONAL ATHLETIC LEAGUE

Team Manager Women: Colette Hurley

Tel: 07787 545826 (M)

e-mail hurleypc@aol.com

Assistant Team Manager: Ty Holden

Tel: 07737 803260 (M)

e-mail djtyholden@yahoo.co.uk

UK YOUTH DEVELOPMENT LEAGUE U17 & U20

Team Manager: Geoffrey Morphitis

Details as Treasurer

Assistant Manager Men: Clyde Gordon

Details as NAL

Assistant Manager Women: Ty Holden

Details as NAL

EASTERN YOUNG ATHLETES LEAGUE U13, U15 & U17

Boys: Brenton Hall

Tel: 07937 253069 (M)

e-mail eyalmanager@btinternet.com

Boys: Ty Holden

Details as NAL

Girls: Jacqui Agyepong

Tel: 07961 440663 (M)

e-mail ping.pong@virgin.net

MIDDLESEX YOUNG ATHLETES LEAGUE U11, U13, U15 & U17

Boys: Brenton Hall

Details as EYAL

Boys: Ty Holden

Details as NAL

Girls: Anna Higson

Tel: 07966 785022 (M)

e-mail higsonanna@hotmail.com

Girls: Jacqui Agyepong

Details as EYAL

SCVAC VETERANS LEAGUE

Men: Clyde Gordon

Details as NAL

Women: Sean Sutherland

Tel: 07909 895297 (M)

e-mail sean.sutherland@yahoo.co