## SHAFTESBURY BARNET HARRIERS CROSS COUNTRY, ROAD AND INDOOR FIXTURES 2022-2023

## CROSS COUNTRY FIXTURES

## ROAD & ROAD RELAY FIXTURES

OCTOBER				SEPTEMBER			
15	METROPOLITAN LEAGUE (1)	CLAYBURY	M&F (OPEN)	24	ALDERSHOT YOUNG ATHLETES RELAYS	ALDERSHOT	M&F (CLOSED)
22	SOUTHERN RELAY CHAMPIONSHIPS	WORMOOD SCRUBS	M&F (CLOSED)	24	ALDERSHOT MENS 6 STAGE RELAY	ALDERSHOT	M (CLOSED)
29	NORTH WEST LONDON LEAGUE (1)	GREENFORD	M&F (OPEN)	24	ALDERSHOT WOMENS 4 STAGE RELAY	ALDERSHOT	F (CLOSED)
29	NORTH LONDON CHAMPIONSHIPS	GREENFORD	M&F (CLOSED)	24	ALDERSHOT VETERAN 3/4 STAGE RELAY	ALDERSHOT	M&F (CLOSED)
NOVEMBER				OCTOBER			
5	NATIONAL RELAYS	MANSFIELD	M&F (CLOSED)	1	TCS MINI LONDON MARATHON	LONDON	M&F (CLOSED)
5	NORTH WEST LONDON LEAGUE (2)	KINGSBURY	M&F (OPEN)	2	TCS LONDON MARATHON	GREENWICH PARK	M&F (YOURSELF)
5	LIDDIARD TROPHY	KINGSBURY	M&F (CLOSED)	8	NATIONAL YOUNG ATHLETES RELAY	SUTTON PARK	M&F (CLOSED)
12	METROPOLITAN LEAGUE (2)	WORMOOD SCRUBS	M&F (OPEN)	8	NATIONAL MENS 6 STAGE RELAY	SUTTON PARK	M (CLOSED)
19	LONDON CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)	8	NATIONAL WOMENS 4 STAGE RELAY	SUTTON PARK	F (CLOSED)
19	LONDON YOUTH GAMES	PARLIAMENT HILL	M&F (CLOSED)	APRIL			
26	FRATERNITY CUP/SORORITY CUP	TRENT PARK	M&F (OPEN)	2	SOUTHERN MENS 12 STAGE RELAY	MILTON KEYNES	M (CLOSED)
26	NORTH WEST LONDON LEAGUE (3)	TRENT PARK	M&F (OPEN)	2	SOUTHERN WOMENS 6 STAGE RELAY	MILTON KEYNES	F (CLOSED)
26	UK CROSS CHALLENGE & EUROPEAN TRIALS	LIVERPOOL	M&F (OPEN)	2	SOUTHERN U15/U17 5K CHAMPIONSHIPS	MILTON KEYNES	M&F (YOURSELF)
29	CLUB ANNUAL GENERAL MEETING	STONEX STADIUM	M&F (OPEN)	15	NATIONAL MENS 12 STAGE RELAY	SUTTON PARK	M (CLOSED)
DECEMBER				15	NATIONAL WOMENS 6 STAGE RELAY	SUTTON PARK	F (CLOSED)
3	METROPOLITAN LEAGUE (3)	UXBRIDGE	M&F (OPEN)	22	TCS MINI LONDON MARATHON	LONDON	M&F (CLOSED)
10	SEAA MASTERS & INTER-COUNTY CHAMPIONSHIPS	OXFORD	M&F (CLOSED)	23	TCS LONDON MARATHON	GREENWICH PARK	M&F (YOURSELF)
11	EUROPEAN CHAMPIONSHIPS	TURIN, ITALY	M&F (CLOSED)		INDOOR FIXTURES		
26	BOXING DAY RUN	STONEX STADIUM	M&F (OPEN)	DECEMBER			
JANUARY				4	OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
7	MIDDLESEX CHAMPIONSHIPS	TBC	M&F (CLOSED)	11	BFTTA INDOOR SERIES 1	LEE VALLEY	M&F (YOURSELF)
8	HERTFORDSHIRE CHAMPIONSHIPS	WATORD	M&F (CLOSED)	17/18	SOUTHERN U15/U17/U20 & SENIOR COMBINED EVENTS	LEE VALLEY	M&F (YOURSELF)
14	METROPOLITAN LEAGUE (4)	WELWYN GC	M&F (OPEN)	JANUARY			
28	SOUTHERN CHAMPIONSHIPS	BECKENHAM	M&F (CLOSED)	2	NEW YEAR OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
FEBRUARY				7/8	ENGLAND ATHLETICS U20/SENIOR COMBINED EVENTS	SHEFFIELD	M&F (YOURSELF)
4	NORTH WEST LONDON LEAGUE (4)	HAMPSTEAD HEATH	M&F (OPEN)	8	BFTTA INDOOR SERIES 2	LEE VALLEY	M&F (YOURSELF)
4	BRITISH UNIVERSITIES CHAMPIONSHIPS	TBC	M&F (OPEN)	14/15	SOUTHERN U13/U15/U17 CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
11	METROPOLITAN LEAGUE (5)	TRENT PARK	M&F (CLOSED)	21/22	LONDON U20/SENIOR GAMES	LEE VALLEY	M&F (YOURSELF)
18	WORLD CHAMPIONSHIPS	BATHURST, AUSTRALIA	M&F (CLOSED)	28/29	LONDON U13/U15/U17 GAMES	LEE VALLEY	M&F (YOURSELF)
25	NATIONAL CHAMPIONSHIPS	BOLESWORTH CASTLE	M&F (CLOSED)	FEBRUARY			
MARCH				4/5	SOUTHERN U20/SENIOR CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
4	NORTH WEST LONDON LEAGUE (5)	HARROW	M&F (OPEN)	8	AYO FALOLA DREAM MILE	LEE VALLEY	M&F (YOURSELF)
11	CAU INTER-COUNTIES CHAMPIONSHIPS	LOUGHBOROUGH	M&F (CLOSED)	11/12	ENGLAND ATHLETICS U15/U17/20 CHAMPIONSHIPS	SHEFFIELD	M&F (YOURSELF)
18	ENGLISH SCHOOLS CHAMPIONSHIPS	HOP FARM, KENT	M&F (CLOSED)	12	SCVAC CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
				15	MIDDLE DISTANCE OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
EACH FIXTURE SHOWS THE FOLLOWING - (OPEN) WHICH MEANS YOU CAN TURN UP AND RUN,				18/19	UK ATHLETICS CHAMPIONSHIPS	BIRMINGHAM	M&F (CLOSED)
(CLOSED) WHICH MEANS YOU HAVE TO BE PRE-ENTERED BY YOUR RESPECTIVE TEAM MANAGER				18/19	BRITISH MASTERS CHAMPIONSHIPS	SHEFFIELD	M&F (YOURSELF)
AND (YOURSELF) WHICH MEANS YOU NEED TO ENTER YOURSELF AND PAY THE APPROPRIATE ENTRY FEE				26	ENGLAND MASTERS CHALLENGE	LEE VALLEY	M&F (YOURSELF)
THE SBH WEEKLY NEWSLETTER WILL PUBLISH DETAILS OF ALL RACES, WHICH WILL INCLUDE				MARCH			
AGE GROUPS, VENUES AND START TIMES.				4/5	ESSEX AND EASTERN CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
				11	BRITISH MASTERS PENTATHLON & 3000M	LEE VALLEY	M&F (YOURSELF)
	CARD AND SEPARATE DOCUMENT SHOWING DETAILS C			11/12	ENGLAND ATHLETICS U15/U17 COMBINED EVENTS	SHEFFIELD	M&F (YOURSELF)
CROSS COUNTRY COUNTRY CLUB CHAMPIONSHIP AND POINTS RACES, CAN BE FOUND ON THE SBH WEBSITE				17-19	WORLD SENIOR CHAMPIONSHIPS	NANJING, CHINA	M&F (CLOSED)
				18/19	MIDDLESEX, HERTS & KENT CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
				25-31	WORLD MASTERS CHAMPIONSHIPS	TORUN, POLAND	M&F (YOURSELF)