# SHAFTESBURY BARNET HARRIERS CROSS COUNTRY, ROAD AND INDOOR FIXTURES 2023-2024

## CROSS COUNTRY FIXTURES

| | | | |
|---|---|---|---|
| SEPTEMBER | | | |
| 30 | NORTH WEST LONDON LEAGUE (1) | GREENFORD | M&F (OPEN) |
| OCTOBER | | | |
| 14 | METROPOLITAN LEAGUE (1) | CLAYBURY | M&F (OPEN) |
| 21 | SOUTHERN RELAY CHAMPIONSHIPS | WORMOOD SCRUBS | M&F (CLOSED) |
| 28 | NORTH LONDON CHAMPIONSHIPS | HACKNEY MARSHES | M&F (CLOSED) |
| NOVEMBER | | | |
| 4 | NATIONAL RELAYS | MANSFIELD | M&F (CLOSED) |
| 4 | NORTH WEST LONDON LEAGUE (2) | KINGSBURY | M&F (OPEN) |
| 4 | LIDDIARD TROPHY | KINGSBURY | M&F (CLOSED) |
| 11 | METROPOLITAN LEAGUE (2) | WORMOOD SCRUBS | M&F (OPEN) |
| 18 | LONDON CHAMPIONSHIPS | PARLIAMENT HILL | M&F (CLOSED) |
| 18 | LONDON YOUTH GAMES | PARLIAMENT HILL | M&F (CLOSED) |
| 25 | FRATERNITY CUP/SORORITY CUP | TRENT PARK | M&F (OPEN) |
| 25 | NORTH WEST LONDON LEAGUE (3) | TRENT PARK | M&F (OPEN) |
| 25 | UK CROSS CHALLENGE & EUROPEAN TRIALS | LIVERPOOL | M&F (OPEN) |
| 28 | 133RD CLUB ANNUAL GENERAL MEETING | STONEX STADIUM | M&F (OPEN) |
| DECEMBER | | | |
| 2 | METROPOLITAN LEAGUE (3) | UXBRIDGE | M&F (OPEN) |
| 9 | SEAA MASTERS & INTER-COUNTY CHAMPIONSHIPS | OXFORD | M&F (CLOSED) |
| 10 | EUROPEAN CHAMPIONSHIPS | BRUSSELS, BELGIUM | M&F (CLOSED) |
| 26 | BOXING DAY RUN | STONEX STADIUM | M&F (OPEN) |
| JANUARY | | | |
| 6 | MIDDLESEX CHAMPIONSHIPS | GREENFORD | M&F (CLOSED) |
| 7 TBC | HERTFORDSHIRE CHAMPIONSHIPS | TBC | M&F (CLOSED) |
| 13 | METROPOLITAN LEAGUE (4) | WELWYN GC | M&F (OPEN) |
| 20 | UK WORLD TRIAL & HOME COUNTIES INTERNATIONAL, INTER AREA & UK CROSS CHALLENGE | PARLIAMENT HILL | M&F (YOURSELF) |
| 27 | SOUTHERN CHAMPIONSHIPS | BECKENHAM | M&F (CLOSED) |
| FEBRUARY | | | |
| 3 | NORTH WEST LONDON LEAGUE (4) | HAMPSTEAD HEATH | M&F (OPEN) |
| 3 | BRITISH UNIVERSITIES CHAMPIONSHIPS | TBC | M&F (OPEN) |
| 10 | METROPOLITAN LEAGUE (5) | TRENT PARK | M&F (CLOSED) |
| 24 | NATIONAL CHAMPIONSHIPS | SHROPSHIRE | M&F (CLOSED) |
| MARCH | | | |
| 2-3 TBC | NORTH WEST LONDON LEAGUE (5) | HARROW | M&F (OPEN) |
| 9 | CAU INTER-COUNTIES CHAMPIONSHIPS & CROSS CHALLENGE FINAL | LOUGHBOROUGH | M&F (CLOSED) |
| 16 | ENGLISH SCHOOLS CHAMPIONSHIPS | PONTEFRACT | M&F (CLOSED) |
| 30 | WORLD CHAMPIONSHIPS | BELGRADE, SERBIA | M&F (CLOSED) |

EACH FIXTURE SHOWS THE FOLLOWING - (OPEN) WHICH MEANS YOU CAN TURN UP AND RUN, (CLOSED) WHICH MEANS YOU HAVE TO BE PRE-ENTERED BY YOUR RESPECTIVE TEAM MANAGER AND (YOURSELF) WHICH MEANS YOU NEED TO ENTER YOURSELF AND PAY THE APPROPRIATE ENTRY FEE THE SBH WEEKLY NEWSLETTER WILL PUBLISH DETAILS OF ALL RACES.

UPDATED 02-11-23 - INDOOR FIXTURES NOW ADDED

## ROAD & ROAD RELAY FIXTURES

| | | | |
|---|---|---|---|
| SEPTEMBER | | | |
| 23 | SOUTHERN YOUNG ATHLETES RELAYS | ALDERSHOT | M&F (CLOSED) |
| 23 | SOUTHERN MENS 6 STAGE RELAY | ALDERSHOT | M (CLOSED) |
| 23 | SOUTHERN WOMENS 4 STAGE RELAY | ALDERSHOT | F (CLOSED) |
| 23 | SOUTHERN VETERAN 3/4 STAGE RELAY | ALDERSHOT | M&F (CLOSED) |
| OCTOBER | | | |
| 7 | NATIONAL YOUNG ATHLETES RELAY | SUTTON PARK | M&F (CLOSED) |
| 7 | NATIONAL MENS 6 STAGE RELAY | SUTTON PARK | M (CLOSED) |
| 7 | NATIONAL WOMENS 4 STAGE RELAY | SUTTON PARK | F (CLOSED) |
| MARCH | | | |
| 23 | SOUTHERN MENS 12 STAGE RELAY | MILTON KEYNES | M (CLOSED) |
| 23 | SOUTHERN WOMENS 6 STAGE RELAY | MILTON KEYNES | F (CLOSED) |
| 23 | SOUTHERN U15/U17 5K CHAMPIONSHIPS | MILTON KEYNES | M&F (YOURSELF) |
| APRIL | | | |
| 6 | NATIONAL MENS 12 STAGE RELAY | SUTTON PARK | M (CLOSED) |
| 6 | NATIONAL WOMENS 6 STAGE RELAY | SUTTON PARK | F (CLOSED) |
| 20 | TCS MINI LONDON MARATHON | LONDON | M&F (CLOSED) |
| 21 | TCS LONDON MARATHON | GREENWICH PARK | M&F (YOURSELF) |

## INDOOR FIXTURES

| | | | |
|---|---|---|---|
| NOVEMBER | | | |
| 25-26 | SOUTHERN U15/U17/U20 & SENIOR COMBINED EVENTS | LEE VALLEY | M&F (YOURSELF) |
| DECEMBER | | | |
| 9 | LEE VALLEY MINITHON | LEE VALLEY | M&F (YOURSELF) |
| 10 | TRACK ACADEMY INDOOR SERIES | LEE VALLEY | M&F (YOURSELF) |
| JANUARY | | | |
| 1 | NEW YEARS DAY OPEN MEETING | LEE VALLEY | M&F (YOURSELF) |
| 6-7 | ENGLAND ATHLETICS U20/SENIOR COMBINED EVENTS | SHEFFIELD | M&F (YOURSELF) |
| 7 | BFTTA INDOOR SERIES 2 | LEE VALLEY | M&F (YOURSELF) |
| 13-14 | SOUTHERN U13/U15/U17 CHAMPIONSHIPS | LEE VALLEY | M&F (YOURSELF) |
| 20-21 | LONDON U20/SENIOR GAMES | LEE VALLEY | M&F (YOURSELF) |
| 27-28 | LONDON U13/U15/U17 GAMES | LEE VALLEY | M&F (YOURSELF) |
| 28 | BRITISH MASTERS PENTATHLON & 3000M | SHEFFIELD | M&F (YOURSELF) |
| FEBRUARY | | | |
| 3-4 | SOUTHERN U20/SENIOR CHAMPIONSHIPS | LEE VALLEY | M&F (YOURSELF) |
| 7 | AYO FALOLA DREAM MILE | LEE VALLEY | M&F (YOURSELF) |
| 10-11 | ENGLAND ATHLETICS U15/U17/20 CHAMPIONSHIPS | SHEFFIELD | M&F (YOURSELF) |
| 11 | VAC & EMAC CHAMPIONSHIPS | LEE VALLEY | M&F (YOURSELF) |
| 14 | MIDDLE DISTANCE OPEN MEETING | LEE VALLEY | M&F (YOURSELF) |
| 17-18 | UK ATHLETICS CHAMPIONSHIPS | TBC | M&F (CLOSED) |
| 17-18 | BRITISH MASTERS CHAMPIONSHIPS | SHEFFIELD | M&F (YOURSELF) |
| 23/25 | BUCS CHAMPIONSHIPS | SHEFFIELD | M&F (YOURSELF) |
| 25 | ENGLAND INTER AREA CHAMPIONSHIPS. | LEE VALLEY | M&F (YOURSELF) |
| TBC | ESSEX AND EASTERN CHAMPIONSHIPS | LEE VALLEY | M&F (YOURSELF) |
| MARCH | | | |
| 1-3 | WORLD SENIOR CHAMPIONSHIPS | GLASGOW | M&F (CLOSED) |
| 9-10 | ENGLAND ATHLETICS U15/U17 COMBINED EVENTS | SHEFFIELD | M&F (YOURSELF) |
| 16-17 | MIDDLESEX, HERTS & KENT CHAMPIONSHIPS | LEE VALLEY | M&F (YOURSELF) |
| 17-24 | EUROPEAN MASTERS CHAMPIONSHIPS | TORUN, POLAND | M&F (YOURSELF) |