

U 13 400m			U 15 400m			U 17 400m		
1	1988 Michael Page	57.39	2006 Matthew Webster	50.07	2020 Mario Dobrescu	48.17		
2	2010 Andrew Eleftheriou	60.91	2006 Oliver Kelly	52.01	2022 Zico Jones	48.61		
3	1982 Juan Hacelas	61.9	2003 William Hooton	52.3	2021 Calvin Smith	48.63		
4	1981 Robert Pope	62.0	2017 Tariq Wild	52.6	2012 Dereece O'Callaghan	48.66		
5	1992 Alex Pemberton	63.3	2007 Aaron Pierre	52.74	2017 Ben Lloyd	49.89		
6	1988 Chris Wallace	64.0	1978 James Chise	52.8	2000 Craig Erskine	50.01		
7	1985 Matthew Herring	64.8	1979 Stephen Griffiths	52.8	2011 Matthew McLaughlin	50.08		
8	1984 Damian Keogh	65.8	1990 Michael Page	53.1	2005 William Hooton	50.1		
9	1987 Robert Davidson	65.9	2011 Christian Scales	53.1	2012 Kyle Langford	50.14		
10	1992 J. Yee	66.4	1988 Paul Mitchell	53.3	2014 Jamal Lewis	50.31		
11	1976 Paul Simons	66.5	1997 Simon Ratzker	53.54	1985 Lloyd Stapleton	50.34		
12	1983 Paul Toogood	66.6	2000 Matthew Houghton	53.6	2003 Robin McCorquodale	50.46		
13	1988 Michael Doodson	67.4	2001 Robin McCorquodale	53.6	2008 Oliver Kelly	50.54		
14	1989 Nicholas Paisley	67.4	1978 Tony Smicle	53.7	2008 Matthew Webster	50.6		
15	1973 John Davies	67.9	1990 Luis Hacelas	53.7	2017 Najibe Arbe	50.6		
16	1977 John Stredwick	67.9	1992 Andrew Brown	53.7	2018 Tariq Wild	50.61		
17	1983 David Kahan	68.3	2004 Thomas O'Brien	53.7	1993 Trevor Cameron	50.7		
18	1985 Michael Fear	68.3	1992 Sam Oteng	53.8	2018 Mittio Mohammadian	50.88		
19	1987 Neil Thomas	68.5	2016 Mittio Mohammadian	53.88	1992 Michael Page	51.0		
20	1984 Gerald Fox	68.7	1979 Paul Lawrence	53.9	1997 Russel Young	51.0		
21	1988 Jamie Goldberg	69.0	1980 Connor Mullucci	53.9	2006 Jordan Warner	51.07		
22	1973 Frank Mooney	69.1	1977 Stephen Beardsmore	54.0	1996 Glen Parsons	51.1		
23	1974 M. Gayle	69.2	1983 Robert Pope	54.1	2008 Aaron Pierre	51.12		
24	1978 Chris Read	69.4	1985 Spyros Mouzoura	54.1	1985 Tosun Soboyejo	51.2		
25	1991 James Kahan	70.4	1992 Enam Hussain	54.1	1996 Alan Erickson	51.25		
26	1984 Bradley Edison	70.5	1987 Matthew Herring	54.2	2023 Ebuka Nwokeji	51.3		
27	1973 Paul Foster	70.9	2009 Matthew McLaughlin	54.2	2007 Charles Gunning	51.4		
28	1976 Graham Smith	71.0	1988 Liam Scott	54.24	2019 Jubril Adeniji	51.54		
29	1978 Paul Dukes	71.0	1982 Paul Maddock	54.4	2010 Mali Lewis	51.55		
30	1974 Graham Matthews	71.1	1999 Ciaran Keane	54.4	2019 Nicholas Savva	51.56		
31	1984 Gordon Redpath	71.2	1987 Sean Lewis	54.5	1979 Stephen Beardsmore	51.6		
32	1975 Phil Cunningham	71.4	1988 Kristian Taylor	54.5	2016 Louis Octave	51.65		
33	1974 Paul Smith	71.7	1996 Andrew Symonds	54.6	1980 William Mulcahy	51.7		
34	1990 R. Cohen	71.8	2018 Gilad Nachshen	54.60	1987 Mark German	51.7		
35	1992 Adam Ward	71.8	1982 Carl Clarke	54.7	2019 Gilad Nachshen	51.73		
36	1974 Bernard Azulay	72.1	1988 Bradley White	54.8	1977 Clive Washbourne	51.8		
37	1990 Paul Bishop	72.6	1981 Paul Stevens	54.9	1979 Adam Carter	51.9		
38	1984 Simon Raine	72.7	1985 Michael Fisher	54.9	1981 Stephen Griffiths	51.9		
39	1984 Cormack Naughton	73.1	1995 Daniel Coburn	54.9	1991 Raf Urso	51.9		
40	1984 David Mummery	73.7	1996 Stephen Ismael	54.98	2013 Billy Kelsey	51.99		
41	1984 David Scanlon	73.7	1975 Mark Gordon	55.0	1982 Connor Mullucci	52.0		
42	1991 Seb Papini	73.7	1977 P. Engelberg	55.0	1989 Onochie Onuorah	52.0		
43	1974 Daniel Nolan	74.8	1978 Derek Wilkie	55.0	2005 Scott Evans	52.04		
44	1973 N. Down	75.0	1987 Trevor Hill	55.0	1990 Paul Evans	52.1		
45	1986 Russell Chandler	75.1	2011 Josh Southworth	55.04	2012 George Rose	52.1		
46	1977 Clive Moore	75.2	1990 Ahid Abood	55.1	2016 Thomas Fulton	52.10		
47	1988 M. Tern	75.4	1985 Jonathon Stroud	55.2	2017 Josh Kumar	52.1		
48	1987 Terry Ross	75.6	1987 Simon Silverston	55.2	1999 Simon Ratzker	52.17		
49	1986 Stephen Peace	76.0	1995 Russel Young	55.2	2011 Matthew Morrison	52.23		
50	1972 D. Busby	76.4	2008 Chris Giles	55.2	2017 Anthony Khorassandjian	52.3		