



North West London League

Fixture 4

Hampstead Heath Extension,
Hampstead Way NW11 7DY

Saturday 3rd February

12:00 pm - U11 Boys and Girls

1700m - 1 Medium (Blue) Lap
A-I-F-J-G-H-K-Finish

12:15 pm - U13 Girls and Boys

3000m - 2 x Medium (Blue) Lap
A-I-F-J-G-H-K-A-I-F-J-G-H-K-Finish

12:35 pm - U15 Girls and Boys

3800m - 1 Small (Yellow) and 1 Large (Red) Laps
A-I-F-J-K-A-B-C-D-E-F-J-G-H-K-Finish

1:00 pm - U17 Women and Men Boys

4800m - 1 Medium (Blue) and 1 Large (Red) Lap
A-I-F-J-G-H-K-A-B-C-D-E-F-J-G-H-K-Finish

