

Internationals:

- [UKA international selection policies](#)
 - o [European Senior Championships](#)
 - o [Olympic Games](#)
 - o [Paralympic Games](#)
 - o [World Para Championships](#)
 - o [European U18 Championships](#)
 - o [World U20 Championships & other pathway internationals \(Loughborough, Mannheim\)](#)
- [EA international selection policies](#)
 - o Loughborough International 19th May - Team announcement out today.
 - o Pickering Memorial Throws International 27th May. [Policy](#) & [expressions of interest](#). – Team announcement out later this week.
 - o Manchester International 24th August (policy TBC).
 - o U20 International August (policy TBC)
- [Team Staff](#) – congratulation to everyone selected to support our fabulous England teams.
 - o Loughborough International
 - Team Leader – Nick Ridgeon
 - Throws Team Coaches: Mike Martin and Katie Lambert
 - o Pickering Memorial Throws International
 - Team Leader – Garry Power
 - Throws Team Coaches: Lewis Capes, Greg Beard, Matt Spicer, Felicity Dawes, Kat Woodcock and Katie Lambert

Nationals:

- Venues have been confirmed for the England Athletics National Championships
 - o 19-21 July at Alexander Stadium, Birmingham for the England U20 and Senior combined events and track and field champs (incorporating U23) & Senior Para Championships (U20 and over)
 - o 26-28 July at Alexander Stadium, Birmingham for the England Age Group combined events and track and field champs & Junior Para Championships (U11-U19)
- English School
 - o Entry standards can be found [here](#).
 - o The organisers are looking for sponsorship. Each event costs £1100 for 1 year or £2000 for 2 years. In return they will offer an advertisement in the championship programme, your name or company name shown above the event in question and tickets to attend and be part of the medal presentation party for your event. There will also be the chance to have an advertising board alongside the track or infield at an extra cost. Please email esaasponsorship@gmail.com for more details.

New Talent Event Lead (TEL) Team:

- Shot Putt: Greg Beard gbeard@englandathletics.org
- Discus: Mark Chapman markchapman@englandathletics.org
- Hammer: Katie Lambert klambert@englandathletics.org
- Javelin: Tom Dobbing tdobbing@englandathletics.org

Katie and Greg will focus on the younger age groups to support athletes and coaches prior to them applying to the youth talent program. Whereas Mark and Tom will continue to focus on supporting athletes and coaches on the junior and senior talent programme. All TELs will be setting up online communities of practice for coaches in their events so if you're interested in getting involved please email them using the contact information above.

New Local Coach Development Projects:

We currently have 3 projects going; 1) London & South East: Led by Garry Power, 2) South West: Led by Mark Bradford & 3) Cumbria: Led by Nick Ridgeon. The purpose of the projects are to improve the club training environment by

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supporting club coaches to deliver in a way that gives the athletes they support the best possible experience of our wonderful sport and event group. The projects typically have an online meeting with all club coaches & the project lead, followed by two in person coach development sessions which vary based on the individual needs of the local coaching community. If you would like to get involved with these projects or get one going in your area please contact me on nridgeon@englandathletics.org.

England Athletics Regional Awards

The awards are live. Please click [HERE](#) and you will see the updated 2024 information on the website. Nominations will close on Tuesday 18th June. The 8 categories that make up this year's awards are – Coach of the Year, Club of the Year, Contribution to Athletics & Running, Community Project of the Year, Newcomer to Volunteering, Club Leader of the Year, Inspiring Official of the Year & Services to Athletics & running.

Education & Development

- **International Jumps and Throws Conference:** All recordings from last years conference are now freely available on [athletics hub](#).
- **UK Coaching Focus Programme:** this programme is for coaches working in or aspiring to work in the performance pathway within the UK. For more information and to apply [click here](#).
- **Breaking barriers:** Gender equality training programme. For more information or to get involved [click here](#)
- **Coaches:** for information about upcoming courses and to book your place please [click here](#).
- **Officials:** for information about upcoming courses and to book your place please [click here](#).
- **Clean Athletics:** for the latest information about clean athletics and to book your place on a clean athletics awareness course please [click here](#).

Competitions:

Thank you to all the coaches and competition organiser that got in touch following the last newsletter. I have added some additional opportunities. If there are any competition organisers who will have an opportunity for throwers to qualify for GB&NI Teams (i.e. World Athletics registered, Level 2 & U18 implements), please get in touch so we can promote these, as athletes and coaches are desperate to find opportunities!

Date	Event	Location	Info
15 May	University of Birmingham Track and Field Series	Birmingham	UoB Track & Field Series (opentrack.run)
17-25 May	World Para Athletics Championships	Kobe, Japan	World Para Championships
19 May	Loughborough International	Loughborough	
23 rd May	Sussex AA Steeplechase Championships with open events for U18 men's and women's javelin	K2 Crawley	Roster Athletics · Sussex AA Steeplechase Championships with Open Events (100s/800s/1500s)
27 May	Pickering Memorial throws International	Loughborough	Policy & expressions of interest.
29 May	Loughborough Open 2	Loughborough	Competition entries Sport Loughborough University (lboro.ac.uk)
5 June	University of Birmingham Track and Field Series	Birmingham	UoB Track & Field Series (opentrack.run)
12 June	Birchfield Harriers Senior Open Meeting 2024	Alexander Stadium, Birmingham	UK Entry4Sports office@entry4sports.com

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7-12 June	European Athletics Championships	Rome, Italy	European Senior Championships
19 June	Loughborough Open 3	Loughborough	Competition entries Sport Loughborough University (lboro.ac.uk)
22 June	Birchfield Harriers Senior Open Meeting 2024	Alexander Stadium, Birmingham	UK Entry4Sports office@entry4sports.com
22-23 June	Mannheim International Junior Gala	Mannheim, Germany	World U20 Championships & other pathway internationals (Loughborough, Mannheim)
10 July	Loughborough EAP	Loughborough	Loughborough – LEAP (UK) – EAP Circuit (eap-circuit.eu)
18-21 July (corrected from previous newsletter)	European Athletics U18 Championships	Banska Bystrica, Slovakia	European U18 Championships
19-21 July	<ul style="list-style-type: none"> England U20 and Senior combined events and track and field champs (incorporating U23) Senior Para Championships (U20 and over) 	Alexander Stadium, Birmingham	
20 July	London Diamond League	London	Home (diamondleague.com)
24 July	Birchfield Harriers Senior Open Meeting 2024	Alexander Stadium, Birmingham	UK Entry4Sports office@entry4sports.com
26-28 July	<ul style="list-style-type: none"> England Age Group combined events and track and field champs Junior Para Championships (U11-U19) 	Alexander Stadium, Birmingham	
1-11 August	The Olympic Games	Paris, France	Olympic Games
24 August	England Athletics International		
26-31 August	World Athletics U20 Championships	Lima, Peru	World U20 Championships & other pathway internationals (Loughborough, Mannheim)
28 August	8 September – The Paralympic Games	Paris, France	Paralympic Games
30-31 August	UK School Games	Loughborough	Policy

Throws Surgeries

To help to get the views of the throws community and for us to share our strategic priority development areas we would like to invite you all to a series of online throws surgeries. Please note I have changed the meetings to zoom now rather than MS Teams. Please click the links below to register.

- [24th June \(19:30-20:30\)](#)
- [30th September \(19:30-20:30\)](#)
- [16th December \(19:30-20:30\)](#)

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If you would like to get in touch about anything in this newsletter, or for further support in the area of Throws, please email or call. If you would like to promote a throws competition, training or development opportunity through future throws newsletters, please send the name, date, venue and web address or key contact details and we will promote it. Finally, thank you all so much for the hard work you put into this sport and event group.

All the best, Nick.