

BRITISH MASTERS TRACK & FIELD CHAMPIONSHIPS 2024
26 - 28 July 2024
PROVISIONAL TIMETABLE

Saturday 27 July - Track

Ref.	Time	Event	Age
T01	10:00	110mH	Men (M35-M45)
T02	10:05	1500m	Women (W55+)
T03	10:15	100mH	Men (M50)
T04	10:20	1500m	Men (M55)
T05	10:30	100mH	Men (M55)
T06	10:35	1500m	Men (M60)
T07	10:45	100mH	Men (M60, M65)
T08	10:50	100mH	Women (W35)
T09	10:50	1500m	Men (M65)
T10	11:00	1500m	Men (M70, M75, M80, M85)
T11	11:05	80mH	Women (W40-W45)
T12	11:10	1500m	Women (W35, W40)
T13	11:15	80mH	Women (W50-55), Men(M70+)
T14	11:25	1500m	Women (W45-W50)
T15	11:35	80mH	Women (W60+)
T16	11:40	1500m	Men (M35)
T17	11:45	1500m	Men (M40)
T18	11:55	1500m	Men (M45)
T19	12:00	1500m	Men (M50)
T20	12:15	100m	M75+
T21	12:20	100m	M70
T22	12:25	100m	M65
T23	12:30	100m	M60
T24	12:35	100m	M55
T25	12:40	100m	M50
T26	12:45	100m	M45
T27	12:50	100m	M40
T28	12:55	100m	M35
T29	13:00	3000m Walk	Women
T30	13:25	3000m Walk	Men
T31	14:00	100m	W70+
T32	14:05	100m	W65
T33	14:10	100m	W60
T34	14:15	100m	W55
T35	14:20	100m	W50
T36	14:25	100m	W45
T37	14:30	100m	W40
T38	14:35	100m	W35
T39	14:50	400m	M75+
T40	14:55	400m	M70
T41	15:05	400m	W60+
T42	15:10	400m	M65
T43	15:20	400m	M60
T44	15:25	400m	W55
T45	15:30	400m	M55
T46	15:40	400m	M50
T47	15:45	400m	W50
T48	15:50	400m	W45
T49	15:55	400m	M45
T50	16:00	400m	W40/W35
T51	16:05	400m	M40
T52	16:10	400m	M35

Friday 26 July - Field

No.	Time	Event	Age
F01	14:00	Hammer	M70
F02	14:00	Discus	M65
F03	15:00	Discus	W65+
F04	15:05	Hammer	M75+
F05	16:00	Discus	M75
F06	16:10	Weight	M70
F07	16:55	Discus	M80+
F08	17:10	Weight	W65+

Saturday 27 July - Field

No.	Time	Event	Age
F09	10:00	Hammer	Women W35-45
F10	10:00	Discus	Women W60, Men M45
F11	10:00	Javelin	Men M65, M80+
F12	10:00	Long Jump	Men M35-45
F13	10:00	Shot	Men M55
F14	10:50	Hammer	Women W50-55, Men M65
F15	10:50	Shot	Men M60
F16	11:10	Long Jump	Men M50-55
F17	11:30	Discus	Men M45 -50
F18	11:35	Javelin	Women W65+
F19	12:20	Shot	Men M70-75
F20	12:30	Hammer	Women W60
F21	12:30	Pole Vault	Women
F22	12:50	Discus	Women W55
F23	12:55	Long Jump	Men M60
F24	13:00	Javelin	Women W35-40
F25	13:30	High Jump	Men M55, M60
F26	13:35	Hammer	Women W65+
F27	13:35	Discus	Men M60
F28	14:05	Long Jump	Men M65, M75+
F29	14:10	Shot	Men M65, M80+
F30	14:15	Javelin	Men M70-75
F31	14:55	Hammer	Men M55
F32	15:00	Long Jump	Women W35-50
F33	15:10	Discus	Men M70
F34	15:20	Javelin	Women W45-50
F35	15:20	Weight	Women W70+
F36	15:25	High Jump	Men M65+
F37	15:50	Weight	Men M60, M70
F38	16:20	Javelin	Men M45-50
F39	16:20	Weight	Men M65, M75+
F40	16:30	Long Jump	Women W55+
F41	16:50	Shot	Women W65+
F42	16:55	Weight	Men M35-40

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Sunday 28 July - Track

Ref.	Time	Event	Age
T53	10:00	400mH	Men (M35, M40, M45)
T54	10:20	400mH	Men (M50)
T55	10:30	400mH	Women (W35, W40, W45)
T56	10:40	400mH	Men (M55)
T57	10:45	300mH	Men (M60-65)
T58	10:50	300mH	Women W50-55
T59	10:55	300mH	Men (M70-75) Women (W60-65)
T60	11:00	200mH	Men (M80+) Women (W70+)
T61	11:05	3k Steeplec.	M35-55
T62	11:25	2k Steeplec.	Women/M60+
T63	11:40	200m	M60
T64	11:50	200m	M55
T65	12:00	200m	W45
T66	12:10	200m	M45
T67	12:20	200m	M80+
T68	12:30	200m	M75
T69	12:40	200m	W70+
T70	12:50	200m	M70
T71	13:00	200m	W65
T72	13:10	200m	M65
T73	13:20	200m	W60
T74	13:30	200m	W55
T75	13:40	200m	W50
T77	13:50	200m	M50
T78	14:00	200m	W40
T79	14:10	200m	M40
T80	14:20	200m	W35
T81	14:30	200m	M35
T82	14:45	800m	M50
T83	14:50	800m	M45
T84	15:00	800m	M40
T85	15:05	800m	M35
T86	15:10	800m	W65+
T87	15:15	800m	W60/W55
T88	15:20	800m	W50/W45
T89	15:25	800m	W40/W35
T90	15:30	800m	M75+
T91	15:35	800m	M70
T92	15:40	800m	M65
T93	15:45	800m	M60
T94	15:50	800m	M55

Sunday 28 July - Field

No.	Time	Event	Age
F43	10:00	Hammer	Men M60
F44	10:00	Triple Jump	Women W35-50
F45	10:00	Shot	Men M45-50
F46	10:00	Javelin	Women W55-60
F47	10:00	Discus	Men M35-40
F48	11:00	High Jump	Women
F49	11:15	Pole Vault	Men M60+
F50	11:20	Triple Jump	Men M60
F51	11:20	Triple Jump	Men M50
F52	11:20	Hammer	Men M50
F53	11:20	Discus	Men M55
F54	11:30	Shot	Women W35-40
F55	12:25	Hammer	Men M35-45
F56	12:30	Discus	Women W35-40
F57	12:35	Triple Jump	Men M35-40
F58	12:35	Triple Jump	Men M45, M55
F59	13:00	Shot	Women W55-60
F60	13:40	Javelin	Men M55
F61	13:40	High Jump	Men M45-50
F62	13:40	Discus	Women W45-50
F63	14:00	Shot	Men M35-40
F64	14:05	Triple Jump	Women W55+
F65	14:10	Weight	Men M55
F66	14:20	Pole Vault	Men M35-55
F67	14:40	Javelin	Men M60
F68	15:00	Weight	Women W35-50
F69	15:00	Weight	Men M45-50
F70	15:10	Triple Jump	Men M65+
F71	15:30	High Jump	Men M35-40
F72	16:15	Javelin	Men M35-40
F73	16:15	Weight	Women W55-60
F74	16:15	Shot	Women W45-50

