

## Internationals:

- **Manchester International**
- England took the win in every throwing event and the team won overall
  - o Makayla Joseph (Sylviane Provost-Campbell) 1<sup>st</sup> in shot
  - o Amy Thompson (Dave Brown) 1<sup>st</sup> in ambulant shot
  - o Zara Obamakinwa (Mark Chapman) 1<sup>st</sup> in discus
  - o Rachel Leck (Catarina Hallden) 1<sup>st</sup> in ambulant discus
  - o Craig Murch (Matt Spicer) 1<sup>st</sup> in hammer
  - o Fenton Bishop-Timings (Kevin Murch) 1<sup>st</sup> in Javelin
  - o Max Fiore (Bronwin Carter) 1<sup>st</sup> in seated shot put
- For more information about the international [click here](#)
- **Home Countries U20 International**
- England A took the win ahead of England B in second place.
  - o Alastair Brown (Geoff Tyler) 1<sup>st</sup> in shot put with a personal best of 16.09m
  - o Jay Cook (Paul Harrison) 2<sup>nd</sup> in shot put
  - o Amy Thompson (Dave Brown) who captained the team came 1<sup>st</sup> in ambulant shot & discus
  - o Beth Moodie (Dave Bennett) 1<sup>st</sup> in the match javelin with a personal best of 42.85m
  - o Dulcie Yelling (Bob Willows) 2<sup>nd</sup> in the match javelin
  - o Gabriella Tcheukam (Chris King) 1<sup>st</sup> in discus
  - o Lily Martin (Kat Woodcock) 2<sup>nd</sup> in discus
- For more information about the international [click here](#)
- **World U20 Championships**
  - o Ayesha Jones (Janina Pownall) threw a personal best of 51.78m to qualified 3<sup>rd</sup> in the final and backed that up with a throw of 49.37m to finish 9<sup>th</sup> in the final
  - o Cleo Agyepong (John Hillier) threw 13.48m in the shot put qualifying to unfortunately missed out on the final
- **Paris Paralympic Games**
  - o Dan Pembroke (John Trower) won the F13 javelin with a world record of 74.49m
  - o Anna Nicholson (Richard Kaufman) won the bronze in the F35 shot put with a best of 9.44m
  - o Daniel Greaves (Zane Duquemin) came 6<sup>th</sup> with a best mark of 53.50m
- For more information about the exploits of the Paralympic GB team [click here](#)

## Talent Programmes:

- **Selections:** Selection meetings for all the England Athletics talent programmes will take place this month after which athletes, coaches, parents & carers will be informed of the outcome. Best of luck for all!
- UKA will select athletes and coaches onto their Futures and World Class Programmes in October.

## Coaching Survey:

- Working with the UK wide Coach Education Management Group, we want to gain a deeper understanding of the athletics coaching landscape across England. This includes activity levels, motivations, aspirations, and experiences of those licensed individuals who interact with all aspects of coaching, coach education and coach development.
- We are committed to working with the other Home Country Athletics Associations to make improvements to the coach education pathway. So, if you can spare a few minutes to complete this short survey it will help us to make enhancements to vital areas in the pathway that meet the needs of coaches, clubs and athletes at all levels of the sport. [Click here.](#)

## New 700g Javelins:

- We received a note from Nordic sport that Nemeth should have new specification 700g available for sale at the end of December/beginning of January. We have also seen that Neuff are offering the ability to pre-order

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them via their [website](#). The following link is to the various funding sources available through England Athletics - [Funding - England Athletics](#)

### Talent Event Lead (TEL) Team:

- Shot Putt: Greg Beard [gbeard@englandathletics.org](mailto:gbeard@englandathletics.org)
- Discus: Mark Chapman [markchapman@englandathletics.org](mailto:markchapman@englandathletics.org)
- Hammer: Katie Lambert [klambert@englandathletics.org](mailto:klambert@englandathletics.org)
- Javelin: Tom Dobbing [tdobbing@englandathletics.org](mailto:tdobbing@englandathletics.org)

### Education & Development

- **Event Group Throws Qualification:** The Event Group Throws qualification is the next step in the coaching pathway for athletics coaches specialising in Throws. What is involved? Firstly, book and complete Event Group Throws Self-Paced Online Modules. [Link to book](#). Prerequisites: Athletics Coach Throws, Athletics Coach Throws Plus or Level 2 Throws. Secondly, book and complete the Event Group Throws Integrations Day. For more information, please contact [jameshind@englandathletics.org](mailto:jameshind@englandathletics.org)
- **Athlete to Coach:** The course includes 3 practical days (9<sup>th</sup> – 10<sup>th</sup> October 2024), an online safeguarding webinar (14<sup>th</sup> October 2024) & Practical assessment (12<sup>th</sup> December 2024). For more information about the course [click here](#).
- **South Discus Development Day:** The session will take place at Woking AC on Saturday 6<sup>th</sup> October 2024. If you'd like to get involved as an athlete or coach or would like more information please contact Mark Chapman on [markchapman@englandathletics.org](mailto:markchapman@englandathletics.org)
- **South West Coach Development Programme:** we are still recruiting local coaches on to the programme. If you're interested and want more information please contact Mark Bradford who is leading the project on [mabradford@hotmail.co.uk](mailto:mabradford@hotmail.co.uk).
- **Hammer Festival:** Matt Spicer has organised a hammer festival in Yate taking place on Sunday 20<sup>th</sup> October 10:00-16:00 with a great line up of coaches. If you're interested, please contact matt on [mattspicer69@hotmail.com](mailto:mattspicer69@hotmail.com)
- **England Athletics Masterclasses:** Shot Put with Paolo Dal Soglio and Hammer with Joanna Fiodorow Sunday 3<sup>rd</sup> November at Loughborough University HIPAC. Once open, booking for athletes and coaches will be via athletics hub and spaces will be limited.
- **International Jumps and Throws Conference:** All recordings from last year's conference are now freely available on [athletics hub](#).
- **European Athletics Coaching Summit Series:** There will be a shot-put conference in Tallinn, Estonia 8-11th November featuring Joe and Ashley Kovacs. For information and bookings for this and all of the other opportunities [click here](#).
- **Breaking barriers:** Gender equality training programme. For more information or to get involved [click here](#)
- **Coaches:** for information about upcoming courses and to book your place please [click here](#).
- **Officials:** for information about upcoming courses and to book your place please [click here](#).
- **Clean Athletics:** for the latest information about clean athletics and to book your place on a clean athletics awareness course please [click here](#).

### Throws Surgeries

To gather the views of the throws community and for us to share our strategic priority development areas we would like to invite you all to a series of online throws surgeries. Please note I have changed the meetings to zoom now rather than MS Teams. Please click the links below to register.

- [30<sup>th</sup> September \(19:30-20:30\)](#)
- [16<sup>th</sup> December \(19:30-20:30\)](#)

If you would like to get in touch about anything in this newsletter, or for further support in Throws, please email or call. If you would like to promote a throws competition, training or development opportunity through future throws



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newsletters, please send the name, date, venue and web address or key contact details and we will promote it. Finally, thank you all so much for the hard work you put into this sport and event group.

All the best, Nick.