

SBH 2024-2025 WINTER FIXTURE CARD AND INFORMATION SHEET – The following explains what is shown on the Fixture Card and Information Sheet.

Fixture Card Front Sheet – Includes information on Club Kit, Training and Coaching at StoneX Stadium, Club Officers and Team Managers contact details.

Fixture Card Which Covers Cross Country, Road Relay and Indoor Fixtures;

Cross Country - There are two types of fixture, **1)** if denoted (M&F Closed) means your respective Team Manager will enter a team or teams. **2)** if denoted (M&F Open) means you do not have to be pre-entered, just turn up and the Team Manager on the day will give you a race number.

Note: Please advise your Team Manager whether you are available to be entered as soon as possible, especially many fixtures require our entries to be sent some 4-6 weeks before the date of that fixture.

Road Relays – All fixtures require your respective Team Manager to enter teams.

Indoors – Generally the fixtures shown are at Lee Valley. If a fixture is denoted (M&F Yourself) means you are responsible to enter yourself, and pay the appropriate fee. The remaining fixtures are denoted (M&F Closed) means you will be selected for that fixture.

Information Sheet – Contains the following information;

1) Dates for all age-group Club Cross Country Championship races, plus all races that all age-groups can compete in for the Club Cross Country Points races. Updated Points Tables will be available on the SBH Website following the 1st Metropolitan League fixture on the 12 October. Updated Club Championship Winners will be available on the SBH Website following the 3rd Metropolitan League fixture on the 30 November.

2) Timetable and Distances for a Metropolitan League fixture. Each of the 5 fixture organisers publish the full information for their fixture on the Metropolitan League website, some 2-3 weeks prior to the fixture date. This may include changes to the Timetable and Distances, the full information will be published in the SBH Weekly Newsletter when available.

3) Links to find your respective Cross Country and Road Relays Team Managers.