

SHAFTESBURY BARNET HARRIERS CROSS COUNTRY, ROAD AND INDOOR FIXTURES 2024-2025

CROSS COUNTRY FIXTURES

Month	Date	Event	Venue	Category
SEPTEMBER	14	NATIONAL CHAMPIONSHIPS	SHROPSHIRE	M&F (CLOSED)
	28	NORTH WEST LONDON LEAGUE (1)	GREENFORD	M&F (OPEN)
OCTOBER	12	METROPOLITAN LEAGUE (1)	CLAYBURY	M&F (OPEN)
	19	SOUTHERN RELAY CHAMPIONSHIPS	WORMOOD SCRUBS	M&F (CLOSED)
	26	NORTH LONDON CHAMPIONSHIPS	WORMOOD SCRUBS	M&F (CLOSED)
NOVEMBER	2	NATIONAL RELAYS	MANSFIELD	M&F (CLOSED)
	2	NORTH WEST LONDON LEAGUE (2)	KINGSBURY	M&F (OPEN)
	2	LIDDIARD TROPHY	KINGSBURY	M&F (CLOSED)
	9	METROPOLITAN LEAGUE (2)	HORSENDEN HILL	M&F (OPEN)
	16	LONDON CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
	16	LONDON YOUTH GAMES	PARLIAMENT HILL	M&F (CLOSED)
	23	FRATERNITY CUP/SORORITY CUP	TRENT PARK	M&F (OPEN)
	23	NORTH WEST LONDON LEAGUE (3)	TRENT PARK	M&F (OPEN)
	23	UK CROSS CHALLENGE & EUROPEAN TRIALS	LIVERPOOL	M&F (YOURSELF)
	26	134TH CLUB ANNUAL GENERAL MEETING	STONEX STADIUM	M&F (OPEN)
30	METROPOLITAN LEAGUE (3)	UXBRIDGE	M&F (OPEN)	
DECEMBER	7	SEAA MASTERS & INTER-COUNTY CHAMPIONSHIPS	CROYDON	M&F (CLOSED)
	8	EUROPEAN CHAMPIONSHIPS	ANTALYA, TURKEY	M&F (OPEN)
	26	BOXING DAY RUN	STONEX STADIUM	M&F (OPEN)
JANUARY	4	MIDDLESEX CHAMPIONSHIPS	TRENT PARK	M&F (CLOSED)
	4	HERTFORDSHIRE CHAMPIONSHIPS	TRENT PARK	M&F (CLOSED)
	11	METROPOLITAN LEAGUE (4)	WELWYN GARDEN CITY	M&F (OPEN)
	25	INTER AREA & UK CROSS CHALLENGE SOUTHERN CHAMPIONSHIPS	BECKENHAM	M&F (YOURSELF) M&F (CLOSED)
FEBRUARY	1	NORTH WEST LONDON LEAGUE (4)	HAMPSTEAD HEATH	M&F (OPEN)
	1	BRITISH UNIVERSITIES CHAMPIONSHIPS	CARDIFF	M&F (YOURSELF)
	8	METROPOLITAN LEAGUE (5)	TRENT PARK	M&F (OPEN)
	22	NATIONAL CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
MARCH	1	NORTH WEST LONDON LEAGUE (5)	GREENFORD	M&F (OPEN)
	8	CAU INTER-COUNTIES CHAMPIONSHIPS & CROSS CHALLENGE FINAL	NOTTINGHAM	M&F (CLOSED)
	15	ENGLISH SCHOOLS CHAMPIONSHIPS	WEST SUSSEX	M&F (CLOSED)

ROAD & ROAD RELAY FIXTURES

Month	Date	Event	Venue	Category
SEPTEMBER	21	SOUTHERN YOUNG ATHLETES RELAYS	ALDERSHOT	M&F (CLOSED)
	21	SOUTHERN MENS 6 STAGE RELAY	ALDERSHOT	M (CLOSED)
	21	SOUTHERN WOMENS 4 STAGE RELAY	ALDERSHOT	F (CLOSED)
	21	SOUTHERN VETERAN 3/4 STAGE RELAY	ALDERSHOT	M&F (CLOSED)
OCTOBER	5	NATIONAL YOUNG ATHLETES RELAY	SUTTON PARK	M&F (CLOSED)
	5	NATIONAL MENS 6 STAGE RELAY	SUTTON PARK	M (CLOSED)
	5	NATIONAL WOMENS 4 STAGE RELAY	SUTTON PARK	F (CLOSED)
MARCH	30	SOUTHERN MENS 12 STAGE RELAY	MILTON KEYNES	M (CLOSED)
	30	SOUTHERN WOMENS 6 STAGE RELAY	MILTON KEYNES	F (CLOSED)
	30	SOUTHERN U15/U17 5K CHAMPIONSHIPS	MILTON KEYNES	M&F (YOURSELF)
APRIL	12	NATIONAL MENS 12 STAGE RELAY	SUTTON PARK	M (CLOSED)
	12	NATIONAL WOMENS 6 STAGE RELAY	SUTTON PARK	F (CLOSED)
	26	TCS MINI LONDON MARATHON	LONDON	M&F (CLOSED)
	27	TCS LONDON MARATHON	GREENWICH PARK	M&F (YOURSELF)

INDOOR FIXTURES

Month	Date	Event	Venue	Category
DECEMBER	1	DECEMBER OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
	14-15	SOUTHERN U15/U17/U20 & SENIOR COMBINED EVENTS	LEE VALLEY	M&F (YOURSELF)
JANUARY	1	NEW YEARS DAY OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
	11-12	SOUTHERN U13/U15/U17 CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
	18-19	ENGLAND ATHLETICS U20/SENIOR COMBINED EVENTS	SHEFFIELD	M&F (YOURSELF)
	18-19	LONDON U20/SENIOR GAMES	LEE VALLEY	M&F (YOURSELF)
	25-26	LONDON U13/U15/U17 GAMES	LEE VALLEY	M&F (YOURSELF)
	26	BRITISH MASTERS PENTATHLON & 3000M	SHEFFIELD	M&F (YOURSELF)
	1-2	SOUTHERN U20/SENIOR CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
FEBRUARY	8-9	ENGLAND ATHLETICS U15/U17/20 CHAMPIONSHIPS	SHEFFIELD	M&F (YOURSELF)
	9	VAC & EMAC CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
	12	AYO FALOLA DREAM MILE	LEE VALLEY	M&F (YOURSELF)
	15-16	BUCS CHAMPIONSHIPS	SHEFFIELD	M&F (YOURSELF)
	16	BRITISH MASTERS INTER AREA CHAMPIONSHIPS.	LEE VALLEY	M&F (YOURSELF)
	19	MIDDLE DISTANCE OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
	22-23	UK ATHLETICS CHAMPIONSHIPS	BIRMINGHAM	M&F (YOURSELF)
	22-23	BRITISH MASTERS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
	TBC	ESSEX AND EASTERN CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
	6-9	EUROPEAN SENIOR CHAMPIONSHIPS	NETHERLANDS	M&F (CLOSED)
MARCH	8-9	ENGLAND ATHLETICS U15/U17/20 COMBINED EVENTS	SHEFFIELD	M&F (YOURSELF)
	15-21	WORLD MASTERS CHAMPIONSHIPS	FLORIDA	M&F (YOURSELF)
	21-23	WORLD SENIOR CHAMPIONSHIPS	NANJING, CHINA	M&F (CLOSED)
	15/16	MIDDLESEX, HERTS & KENT CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)

12-11-24 UPDATE CHANGES: CROSS COUNTRY - SEAA INTER-COUNTY CHAMPIONSHIPS ON 7 DECEMBER, VENUE IS NOW CROYDON, BUCS CHAMPIONSHIPS ON 1 FEBRUARY, VENUE IS NOW CARDIFF, CAU INTER COUNTIES ON 8 MARCH AT NOTTINGHAM, ENGLISH SCHOOLS ON 15 MARCH AT WEST SUSSEX. INDOORS ALL AT LEE VALLEY - VAC AND EMAC ON 9 FEBRUARY, BRITISH MASTERS ON 16 FEBRUARY, MIDDLESEX, HERTFORDSHIRE AND KENT CHAMPIONSHIPS ON 15/16 MARCH.

EACH FIXTURE SHOWS THE FOLLOWING - (OPEN) WHICH MEANS YOU CAN TURN UP AND RUN, (CLOSED) WHICH MEANS YOU HAVE TO BE PRE-ENTERED BY YOUR RESPECTIVE TEAM MANAGER AND (YOURSELF) WHICH MEANS YOU NEED TO ENTER YOURSELF AND PAY THE APPROPRIATE ENTRY FEE THE SBH WEEKLY NEWSLETTER WILL PUBLISH DETAILS OF ALL RACES.