

## SBH Under 17 Women's Track And Field Best Performances Up To September 2024

<b>Event</b>	<b>Athlete</b>	<b>Performance</b>
<b>60m</b>	1 Tami George	7.68i
	2 Makayla Brai-Aloye	7.85i
	3 Adanna Mazinwosu	8.12i
	4 Shenel Okrah	8.49i
	5 Morayo Idris	8.74i
<b>100m</b>	1 Tami George	12.04/11.95w
	2 Tia Akinola	12.26
	3 Makayla Brai-Aloye	12.28
	4 Adanna Mazinwosu	12.86/12.73w
	5 Ella Buckley	13.08
	6 Suraya Frost	13.18
	7 Foyin Sonoiki	13.26
	8 Shenel Okrah	13.37
	9 Morayo Idris	13.47
	10 Eva Higson	13.57
	11 Milli Bridgman-Athanasatos	13.7
	11 Ugonna Ukachukwu	13.7/13.82
	13 Ulani McCabe-Huggins	13.71
	14 Shammah St John	13.94
	15 Lydia Ball	14.10
	16 Brooke Martin	14.24
<b>200m</b>	1 Tami George	24.34/24.52/24.8
	2 Makayla Brai-Aloye	25.17
	3 Adanna Mazinwosu	25.80
	4 Ella Buckley	26.34
	5 Shammah St John	27.4/27.80
	6 Foyin Sonoiki	28.02
	7 Ugonna Ukachukwu	28.4
	8 Eva Higson	28.5/28.77
	9 Morayo Idris	28.52i/28.06w/28.74
	10 Brooke Martin	29.79
	11 Holly Green	30.41
	12 Ulani McCabe-Huggins	30.63
<b>300m</b>	1 Adanna Mazinwosu	40.96
	2 Ella Buckley	41.49
	3 Dina Silverman	42.68i/43.45
	4 Macie Sutherland	43.4/43.96
	5 Shammah St John	43.78
	6 Tayla Robinson	44.3
	7 Holly Green	49.0/50.37i
	8 Phoebe Kemp	49.10
<b>600m</b>	1 Adanna Mazinwosu	1.48.19i

<b>800m</b>	1	Posie Shaw	2.10.58
	2	Dina Silverman	2.18.49i/2.21.39
	3	Edie Woodings	2.18.7
	4	Adanna Mazinwosu	2.29.76
	5	Mandieh Shah Abbassian	2.30.66
	6	Phoebe Kemp	2.31.17
	7	Erin Giblin	2.35.10
<b>1500m</b>	1	Posie Shaw	4.32.44
	2	Mandieh Shah Abbassian	5.08.69
	3	Erin Giblin	5.34.03
	4	Adanna Mazinwosu	5.40.7
<b>60m Hurdles</b>	1	Eva Higson	9.44i
	2	Suraya Frost	9.59i
	3	Macie Sutherland	9.70i
<b>80m Hurdles</b>	1	Suraya Frost	12.00
	2	Eva Higson	12.10
	3	Macie Sutherland	12.6/12.89
	4	Yusra Echouafri	13.56
	5	Milli Bridgman-Athanasatos	13.60
	6	Tayla Robinson	13.66/13.45w
<b>100m Hurdles</b>	1	Eva Higson	17.1
<b>300m Hurdles</b>	1	Macie Sutherland	46.62
	2	Tayla Robinson	48.83
<b>400m Hurdles</b>	1	Macie Sutherland	72.08
<b>High Jump</b>	1	Ella Buckley	1.53
	2	Adanna Mazinwosu	1.50
	3	Macie Sutherland	1.45
	4	Amy Hallett	1.35
	4	Yusra Echouafri	1.35
<b>Long Jump</b>	1	Milli Bridgman-Athanasatos	4.99
	2	Ulani McCabe-Huggins	4.82
	3	Dina Silverman	4.35
	3	Adanna Mazinwosu	4.35
	5	Shammah St John	4.17
	6	Amy Hallett	4.10
<b>Triple Jump</b>	1	Milli Bridgman-Athanasatos	10.48
	2	Ulani McCabe-Huggins	10.38
	3	Tayla Robinson	9.14/9.19i
	4	Foyin Sonoiki	8.77
	5	Amy Hallett	7.82

<b>Shot 3kg</b>	1	Elsa Shabani	13.76
	2	Keira Lake-Bryan	10.83
	3	Ulani McCabe-Huggins	9.16
	4	Mairead McGrath	9.02
	5	Shenel Okrah	8.75
	6	Eva Higson	7.01
<b>Discus 1kg</b>	1	Elsa Shabani	26.05
	2	Mairead McGrath	18.82
	3	Keira Lake-Bryan	16.01
	4	Amy Hallett	12.81
	5	Eva Higson	11.34
<b>Hammer 3kg</b>	1	Keira Lake-Bryan	50.60
	2	Elsa Shabani	47.68
	3	Mairead McGrath	37.99
<b>Javelin 600g</b>	1	Eva Higson	6.13
<b>Javelin 500g</b>	1	Lydia Ball	23.36
	2	Elsa Shabani	22.77
	3	Eva Higson	21.33
	4	Tayla Robinson	15.03
	5	Mairead McGrath	13.71
	6	Yusra Echouafri	12.66
	7	Adanna Mazinwosu	10.11
<b>4x100m Relay</b>	1	Adanna Mazinwosu Makayla Brai-Aloye, Ella Buckley, Tami George	48.71
	2	Adanna Mazinwosu, Tia Akinola Makayla Brai-Aloye, Tami George	48.97
	3	Eva Higson, Tami George Adanna Mazinwosu, Tia Akinola	50.02
	4	Foyin Sonoiki, Adanna Mazinwosu Eva Higson, Milli Bridgman-Athanasatos	51.2
<b>4x100m Mixed Relay</b>	1	Makayla Brai-Aloye, Tami George Khyan Markland, Jaian Saunders	58.3
	2	Milli Bridgman-Athanasatos Foyin Soiniki, Nathan Howell, Rian Shah	58.4
	3	Makayla Brai-Aloye, Tami George Khyan Markland, Jaian Saunders	59.1
	4	Milli Bridgman-Athanasatos Foyin Soiniki, Nathan Howell, Rian Shah	61.1