

SBH Under 20 Women's Track And Field Best Performances Up To September 2024

Event	Athlete	Performance
60m	1 Nia Akintokun	7.87i
	2 Paris King	7.88i
	3 Lucy Campos	8.59i
100m	1 Renee Regis	11.43/11.12w
	2 Nia Akintokun	12.20/12.10w
	3 Nia Forbes-Agyepong	12.43/12.32w
	4 Alina Cofie	12.51
	5 Lucy Campos	13.58
	6 Mia Higson	13.70
	7 Azaria Nwankwo	13.7
200m	1 Renee Regis	23.15
	2 Nia Akintokun	25.67
	3 Nia Forbes-Agyepong	25.82
	4 Azaria Nwankwo	26.58
	5 Alina Cofie	26.76
	6 Zuleikha Collins	26.88
	7 Mia Higson	27.16
	8 Akhaila Collins	27.34
	9 Lucy Campos	27.94
	10 Lola McCann-Ezekiel	28.50
	11 Olive Harvey-Dew	28.65
400m	1 Larissa Wilson	57.15
	2 Mya Mairs-Ingram	59.48i
	3 Mia Higson	60.59i/62.29/62.4
	4 Lola McCann-Ezekiel	63.0/63.43
	5 Olive Harvey-Dew	66.67
800m	1 Mya Mairs-Ingram	2.08.08
	2 Larissa Wilson	2.12.25
	3 Mia Higson	2.25.36
	4 Lola McCann-Ezekiel	2.26.86
	5 Olive Harvey-Dew	2.36.31
1500m	1 Mya Mairs-Ingram	4.28.38
100m Hurdles	1 Alina Cofie	14.20
	2 Nia Forbes-Agyepong	14.30
	3 Azaria Nwankwo	14.37
	4 Paris King	15.99
	5 Akhaila Collins	16.54
	6 Zuleikha Collins	17.14
400m Hurdles	1 Azaria Nwankwo	65.96
	2 Nia Forbes-Agyepong	70.39
	3 Zuleikha Collins	73.12
	4 Lola McCann-Ezekiel	74.8/75.61
	5 Akhaila Collins	75.63

High Jump	1	Rebecca Wheeler-Henry	1.71i
	2	Zuleikha Collins	1.55
	3	Akhaila Collins	1.44
	4	Alana Samji	1.25
Pole Vault	1	Manon Baines	3.70
Long Jump	1	Akhaila Collins	4.98
	2	Zuleikha Collins	4.88
	3	Nia Forbes-Agyepong	3.58
Triple Jump	1	Alina Cofie	10.56
	2	Rebecca Wheeler-Henry	7.98
Shot 4kg	1	Naomi Ogunniyi	8.21i
	2	Akhaila Collins	7.90
	3	Zuleikha Collins	7.75
Discus 1kg	1	Mia Higson	15.52
Javelin 600g	1	Akhaila Collins	30.79
	2	Zuleikha Collins	27.66
	3	Naomi Ogunniyi	21.10
Heptathlon	1	Akhaila Collins	4044
	2	Zuleikha Collins	3927