

SHAFTESBURY BARNET HARRIERS SENIOR WOMEN'S TOP 10 ALL TIME UP TO SEPTEMBER 2024
2024 PERFORMANCES SHOWN IN RED

Event	Athlete	Performance	Year
100m	1 Daryll Neita	11.14	2017
	2 Abi Oyepitan	11.17	2004
	3 Simone Jacobs	11.18	1997
	4 Emma Ania	11.21	2008
	5 Shani Anderson	11.45	1999
	6 Lina Nielsen	11.49	2024
	7 Eve Wright	11.54/11.32w	2022
	8 Catherine Murphy	11.60	1998
	9 Alannah Fashanu	11.62/11.23w	2022
	10 Lee McConnell	11.67	2008
200m	1 Abi Oyepitan	22.50	2004
	2 Simone Jacobs	22.96	1996
	3 Shani Anderson	22.96	2002
	4 Lina Nielsen	23.11	2022
	5 Emily Newnham U20	23.27	2023
	6 Catherine Murphy	23.28	1999
	7 Alannah Fashanu	23.32	2022
	8 Lee McConnell	23.29	2007
	9 Emma Ania	23.33	2006
	10 Steffi Bennett (Wilson)	23.75	2015
400m	1 Lina Nielsen	50.78	2024
	2 Lee McConnell	50.82	2002
	3 Catherine Murphy	51.36	2002
	4 Marilyn Okoro	52.02	2006
	5 Emily Newnham U20	52.15	2023
	6 Stephanie Llewellyn (McPeake)	52.40	1995
	7 Lily Beckford	52.58	2022
	8 Gemma Sharp (Nicol)	52.61	2013
	9 Sabrina Bakare	52.77	2013
	10 Natasha Danvers-Smith	53.42	2007
800m	1 Marilyn Okoro	1:58.45	2008
	2 Ellie Baker	1:59.52	2022
	3 Philippa Aukett	2:03.07	2012
	4 Georgia Bell	2:03.38	2014
	5 Melissa Courtney	2:04.03	2017
	6 Abigail Hunte	2:04.25	1995
	7 Gloria Hemery	2:05.70	1973
	8 Jody Allen	2:05.80	1990
	9 Amy Campbell	2:05.90	2012
	10 Sophie Connor	2:05.95	2016

1500m	1	Georgia Bell	4:03.54	2024
	2	Ellie Baker	4:04.11	2023
	3	Melissa Courtney	4:05.82	2017
	4	Gwen Griffiths	4:06.33	1996
	5	Elizabeth Bird	4:06.56	2024
	6	Joyce Smith	4:09.37	1972
	7	Rachel Felton	4:13.19	2007
	8	Sophie Connor	4:13.74	2016
	9	Amy Campbell	4:13.93	2012
	10	Naomi Taschimowitz	4:16.32	2017
3000m	1	Melissa Courtney	8:43.72	2017
	2	Georgia Bell	8:49.63i	2023
	3	Beth Potter	8:53.94	2016
	4	Joyce Smith	8:55.53	1974
	5	Gemma Turtle	9:05.04i	2009
	6	Jo Ankier	9:06.76	2006
	7	Naomi Taschimowitz	9:09.21	2018
	8	Elizabeth Bird	9:11.76i	2020
	9	Caroline Walsh	9:13.40	1999
	10	Lucy Elliott	9:19.20	1997
5000m	1	Beth Potter	15:28.32	2016
	2	Sarah Waldron	15:37.49	2012
	3	Georgia Bell	15:39.26	2023
	4	Lucy Elliott	15:56.15	1996
	5	Naomi Taschimowitz	15:54.14	2018
	6	Georgia Bell	15:59.70	2022
	7	Jade Wright	16:11.85	2004
	8	Elizabeth Bird	16:20.74	2018
	9	Victoria Webster	16:21.17	2007
	10	Gemma Turtle	16:23.00	2009
10,000m	1	Beth Potter	32:03.45	2017
	2	Lucy Elliott	32:12.80	1997
	3	Sarah Waldron	32:36.07	2012
	4	Angela Joiner	33:20.27	1998
	5	Naomi Taschimowitz	33:23.61	2024
	6	Joyce Smith	34:26.40	1980
	7	Jade Wright	34:34.42	2005
	8	Christina Radon	35:15.40	2002
	9	Joanne Newcombe	35:21.90	2000
	10	Lisa Hollick	35:37.57	1994

Marathon	Joyce Smith	2:29.43	1982
	Carol Gould	2:35.05	2000
	Amy Fry V35	2:46.02	2022
	Sarah Williams	2:50.51	2014
	Caroline Walsh	2:51.47	2012
	Mel Ellis	2:52.31	1996
	Emily Ferenczi	2:53.31	2013
	Lisa Hollick	2:54.16	1996
	Emma Archer	2:54.34	2006
	Marion Pasquier	2:57.56	2006
	Anne Jeeves	3:00.50	1996
100m Hurdles	Jacqui Agyepong	12.90	1995
	Gemma Bennett	13.08	2011
	Jessica Hunter	13.12/12.79w	2022
	Marli Jessop U23	13.30	2023
	Kylie Robilliard	13.69	2013
	Lucy Boggis	13.72	2009
	Jennifer Malloy	13.90	2005
	Lauren McLoughlin	13.90	2005
	Lorna Silver	14.31	2003
	Hayley McLean	14.40	2021
400m Hurdles	Natasha Danvers	53.84	2008
	Lina Nielsen	54.43	2024
	Hayley McLean	55.48	2022
	Lee McConnell	56.04	2007
	Emily Newnham U20	57.02	2023
	Michelle Carey	57.35	2009
	Stephanie McPeake	59.39	1994
	Claire Hefford	59.90	2004
	Celia Brown	60.08	2000
	Katie Bartlett	60.90	1996
3000m Steeplechase	Elizabeth Bird	9:04.35	2024
	Jo Ankier	9:43.88	2008
	Beth Potter	10:22.10	2012
	Celia Brown	10:45.75	2003
	Victoria Walker	11:02.60	2014
	Victoria Webster	11:05.78	2012
	Claire Miles	11:24.93	2013
	Zoe Levin	11:45.91	2014

Long Jump	1	Trecia Smith	6.63	2006
	2	Mary Berkeley	6.60	1990
	3	Ejone Kruger	6.13	2022
	4	Connie Henry	6.12	1993
	4	Ashia Hansen	6.12	1995
	6	Yamile Aldama	6.08	2006
	7	Nadia Williams	5.97	2009
	8	Evian Richardson U20	5.95	2016
	9	Evette Finikin	5.87	1992
	9	Taniesha Robinson-Scanlon	5.87	2002
Triple Jump	1	Yamile Aldama	15.29	2003
	2	Ashia Hansen	15.15	1997
	3	Trecia Smith	15.11	2005
	4	Nadia Williams	13.67	2009
	5	Mary Berkeley	13.56	1992
	6	Nony Mordi	13.44	2013
	7	Evette Finikin	13.31	1993
	7	Connie Henry	13.31	1994
	9	Taniesha Robinson-Scanlon	13.29	2003
	10	Shani Anderson	13.03	1996
High Jump	1	Lee McConnell	1.88	2000
	1	Yamile Aldama	1.88	2003
	1	Dalia Miknevičiute	1.88i	1999
	4	Julie Major	1.81	1995
	4	Jill Drouin	1.81	2009
	6	Nicki Stern	1.80	2007
	7	Claire McGarvey	1.78	2022
	7	Natasha Danvers	1.78	2000
	9	Trudy Thomson	1.76	2013
	10	Jenny Walker	1.75	1988
10	Evelyne Fonteyne U20	1.75i	2023	
Pole Vault	1	Zoe Brown	4.45	2014
	2	Chloe Henry	4.33	2016
	3	Ellie Spain	4.20	2006
	4	Anna Massey	4.10	2011
	4	Emma Anderson	4.10	2019
	6	Jade Ive	4.05	2013
	7	Robyn Webster	3.75	2011
	8	Alexa Eichelmann	3.61	2019
	9	Manon Baines	3.60	2022
	10	Sarah Clifford	3.51	2007

Shot	1	Julie Dunkley	16.40	2000
	2	Tracey Axten	15.81	1998
	3	Urina Harrell	15.31	2017
	4	Shadine Duquemin	14.55	2013
	5	Irene Duffin	14.11	1991
	6	Trecia Smith	13.54	2007
	7	Lucy Underdown	13.46	2013
	8	Navdeep Dhaliwal	12.97	1997
	9	Lorraine Henry	12.03	1994
	10	Jenny Grimstone	11.95	2000

Discus	1	Jade Lally	65.10	2016
	2	Shadine Duquemin	58.26	2022
	3	Tracey Axten	58.18	1997
	4	Kirsty Law	54.33	2010
	5	Julia Avis	53.96	1986
	6	Kirsty Morrison	50.54	2003
	7	Lucy Underdown	49.30	2014
	8	Navdeep Dhaliwal	49.05	2006
	9	Alexandra Baltazar-Hall U20	46.45	2022
	10	Dionne Milne	44.09	2018

Javelin	1	Kirsty Morrison	55.74	2002
	2	Lyn Hayhoe	55.70	1992
	3	Louise Watton	50.21	2007
	4	Louise Lockwood	45.00	2021
	5	Kelly Bramhald	49.56	2017
	6	Jenny Grimstone	44.22	2002
	7	Georgie Floyd	42.21	2017
	8	Lucy Boggis	41.58	2009
	9	Trecia Smith	41.38	2005
	10	Vivienne Davis	39.80	1997

Hammer	1	Lyn Sprules	63.96	2000
	2	Philippa Davenall	63.44	2021
	3	Rebecca Keating	61.88	2019
	4	Rachel Hunter	60.91	2013
	5	Louisa James	60.83	2013
	6	Feyisayo Daramola	58.18	2012
	7	Sam Hynes	55.05	2010
	8	Sarah Harrison	54.15	2000
	9	Amy Clemens	52.91	2024
9	Elmarie Knoetzen	52.91	2002	

Heptathlon

Lucy Boggis	5605	2009
Evette Finikin	4809	1992
Lily Holt U23	4645	2023
Katie Budd	4620	1995
Alexa Eichelmann	4540	2021
Evelyne Fonteyne U20	4327	2023
Kornilia Witecka	4198	2007
Jemma Nissel	3549	2006
Trinity O'Connor	3519	2019