

SBH Senior Women's Track And Field, Road Best Performances Up To September 2024

| Event | Athlete | Performance |
|---------------------------|----------------------|--------------------|
| 60m | 1 Lina Nielsen | 7.39i |
| | 2 Selina Henderson | 7.79i |
| 100m | 1 Lina Nielsen | 11.49 |
| | 2 Lily Beckford | 12.33 |
| | 3 Selina Henderson | 12.50 |
| | 4 Lydia Rogers | 13.98 |
| 200m | 1 Lina Nielsen | 23.19/23.02w |
| | 2 Hayley Mclean | 24.58 |
| | 3 Lily Beckford | 24.69 |
| | 4 Lydia Rogers | 28.42 |
| 400m | 1 Lina Nielsen | 50.78 |
| | 2 Hayley Mclean | 55.02 |
| | 3 Lily Beckford | 55.15 |
| 800m | 1 Lucy Brookham | 2.09.77 |
| | 2 Hayley Mclean | 2.15.92i |
| | 3 Lia Radus | 2.26.51i |
| | 4 Emilia Economu | 2.27.86 |
| 1500m | 1 Georgia Bell | 4.03.54i |
| | 2 Lizzie Biird | 4.06.56 |
| | 3 Lucy Brookham | 4.35.07 |
| | 4 Emilia Economu | 5.02.52 |
| | 5 Hayley Mclean | 5.03.81 |
| | 6 Nicola Payne | 5.10.09 |
| 3000m | 1 Georgia Bell | 8.49.63i/9.06.63 |
| | 2 Naomi Taschimowitz | 9.33.95 |
| | 3 Nicola Payne | 10.58.73 |
| 5000m | 1 Naomi Taschimowitz | 16.09.09 |
| | 2 Nicola Payne | 19.07.91 |
| 10000m | 1 Naomi Taschimowitz | 33.23.61 |
| | 2 Nicola Payne | 40.07.50 |
| 3000m Steeplechase | 1 Lizzie Bird | 9.04.35 |
| 100m Hurdles | 1 Jessica Hunter | 13.15 |
| | 2 Hayley Mclean | 14.7 |
| 400m Hurdles | 1 Lina Nielsen | 54.43 |
| | 2 Hayley Mclean | 57.51 |
| High Jump | 1 Claire McGarvey | 1.63 |
| Pole Vault | 1 Genny Howat | 3.31 |

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|----------------------|---|--------------------|---------|
| Long Jump | 1 | Selena Henderson | 5.38i |
| | 2 | Lydia Rogers | 4.74 |
| Triple Jump | 1 | Lydia Rogers | 9.21 |
| Shot 4kg | 1 | Lydia Rogers | 8.57 |
| Discus 1kg | 1 | Shadine Duquemin | 54.00 |
| | 2 | Amy Clemens | 24.72 |
| | 3 | Lydia Rogers | 19.88 |
| Hammer 4kg | 1 | Amy Clemens | 52.91 |
| | 2 | Lydia Rogers | 19.23 |
| Javelin 600g | 1 | Hayley McLean | 22.75 |
| 10K Road | 1 | Georgia Bell | 32.22 |
| | 2 | Naomi Taschimowitz | 33.42 |
| | 3 | Natalie Connor | 47.12 |
| | 4 | Fiona McQuire | 67.32 |
| Half Marathon | 1 | Naomi Taschimowitz | 73.47 |
| | 2 | Molly Patch | 83.40 |
| | 3 | Nicola Payne | 85.15 |
| | 4 | Elana Dimmer | 88.07 |
| | 5 | Jessica Hurley | 89.17 |
| | 6 | Lianne Langford | 130.33 |
| Marathon | 1 | Naomi Taschimowitz | 2.39.49 |
| | 2 | Nicola Payne | 3.03.17 |
| | 3 | Sarena Clarke | 3.39.09 |
| | 4 | Sophie Tingle | 4.34.34 |
| | 5 | Ellen Welsh | 4.46.48 |