

## SBH Veteran Men's Track And Field, Road Best Performances Up To September 2024

### Veteran 35

Event	Athlete	Performance
3000m	1 Gary Pelosi V35	9.09.50
5000m	1 Gary Pelosi V35	15.38.25
10000m	1 Gary Pelosi V35	33.31.97
3000m Steeplechase	1 Glen Watts V35	9.59.94
	2 Steven Garrett V35	11.02.88
110m Hurdles	1 Steven Garrett V35	15.91
400m Hurdles	1 Steven Garrett V35	53.23
Shot 7.26kg	1 Angus McInroy V35	14.31i
Discus 2kg	1 Angus McInroy V35	47.04
10K Road	1 Matt Grant V35	34.03
	2 Bradley Singer V35	48.32
	3 Chris Purdue V35	50.37
Half Marathon	1 Gary Pelosi V35	71.45
	2 Glen Watts V35	74.36
	3 Daniel Watts V35	75.45
	4 Mark Cottle V35	82.36
	5 Leslie Odamtten-Addy V35	91.19
Marathon	1 Gary Pelosi V35	2.27.44
	2 Matt Grant V35	2.47.38
	3 Daniel Watts V35	2.48.55
	4 Glen Watts V35	2.49.41
	5 Graham Taylor V35	2.52.34
	6 Leslie Odamtten-Addy V35	3.05.13
	7 Bradley Singer V35	3.40.15
	8 Sam Roth V35	3.49.54

### Veteran 40

Event	Athlete	Performance
3000m	1 Daniel Nichols V40	10.26.21
Shot 7.26kg	1 Gabor Kiss V40	11.63
Discus 2kg	1 Gabor Kiss V40	42.16
10K Road	1 Daniel Nichols V40	35.21
	2 Bruce Gibb V40	41.46
Half Marathon	1 Daniel Nichols V40	79.18
	2 Michael Keren V40	88.40
Marathon	1 Daniel Nichols V40	2.55.08
	2 John Whitworth V40	3.05.27
	3 Paul Lewis V40	3.13.45
	4 Bruce Gibb V40	3.13.45

**Veteran 45**

<b>Event</b>	<b>Athlete</b>	<b>Performance</b>
<b>400m</b>	1 Kojo Kyereme V45	54.10i
<b>800m</b>	1 Kojo Kyereme V45	1.58.53i/1.58.89
<b>1500m</b>	1 Kojo Kyereme V45	4.04.01i/4.10.75
<b>3000m</b>	1 Kojo Kyereme V45	8.55.78
<b>Shot 7.26kg</b>	1 Anthony Soalla-Bell V45	10.22
<b>Discus 2kg</b>	1 Anthony Soalla-Bell V45	28.19
<b>10K Road</b>	1 Kojo Kyereme V45	30.56
<b>Half Marathon</b>	1 James Trapmore V45	99.49

**Veteran 50**

<b>Event</b>	<b>Athlete</b>	<b>Performance</b>
<b>60m</b>	1 Sean Sutherlnd V50	7.95i
<b>100m</b>	1 Sean Sutherlnd V50	12.18
<b>200m</b>	1 Sean Sutherlnd V50	25.20
<b>300m</b>	1 Johnson Ogunniyi V50	43.71
<b>400m</b>	1 Sean Sutherlnd V50	58.35
<b>800m</b>	1 Daniel Winfield V50	2.58.06
<b>High Jump</b>	1 Sean Sutherlnd V50	1.58
<b>Long Jump</b>	1 Sean Sutherlnd V50	4.62
<b>Javelin 800g</b>	1 Johnson Ogunniyi V50	29.82
<b>10K Road</b>	1 Paul Lewis V50	39.15
	2 David Josephs V50	65.29
<b>Marathon</b>	1 Lenard Michel V50	3.56.58

**Veteran 55**

<b>Event</b>	<b>Athlete</b>	<b>Performance</b>
<b>100m</b>	1 Clyde Gordon V55	15.17
<b>5000m</b>	1 David Greenstein V55	20.45.52
<b>High Jump</b>	1 Clyde Gordon V55	1.30
<b>Shot 7.26kg</b>	1 Clyde Gordon V55	7.65
<b>Discus 2kg</b>	1 Clyde Gordon V55	25.00
<b>Discus 1.5kg</b>	1 Clyde Gordon V55	28.57
<b>Hammer 7.26kg</b>	1 Clyde Gordon V55	19.37
<b>Hammer 6kg</b>	1 Clyde Gordon V55	22.53
<b>10K Road</b>	1 Tony Jackson V55	37.23
	2 Andrew Millett V55	46.00

**Veteran 60**

<b>Event</b>	<b>Athlete</b>	<b>Performance</b>
<b>5000m</b>	1 Tim Butler V60	19.39.2
<b>10K Road</b>	1 Rober Rigby V60	39.11
<b>Half Marathon</b>	1 David Greenstein V60	89.55
	2 Rober Rigby V60	94.04
<b>Marathon</b>	1 David Greenstein V60	3.16.15
	2 Stuart Singer V60	3.46.15

**Veteran 65**

<b>Event</b>	<b>Athlete</b>	<b>Performance</b>
<b>10K Road</b>	1 Barry Chisholm V65	117.16

**Veteran 70**  
**Event**  
**10K Road**

**Athlete**  
1 Richard Samuel V70  
2 Cliff Golding V70

**Performance**  
47.53  
133.42