

CLUB COLOURS

Black and white striped vest with red trim and black or red shorts must be worn in all championships and team events. All kit available from StoneX Stadium - £30 for vest, £25 for crop top and £15 for shorts/hot pants. Contact Geoffrey Morphitis on 07976 994302 or at geoffrey.morphitis@capeandd.com

WEIGHT TRAINING

Available to fully paid up members in the Clubhouse, throughout the week but only under the supervision of Shaftesbury qualified coaches.

TRAINING AND COACHING

We have UKA qualified coaches at StoneX Stadium every Tuesday and Thursday night from 18.30pm, which cover the following disciplines – Endurance, Sprints, Hurdles, Long Jump, Triple Jump and Throws. We also have regular sessions by UKA qualified coaches at StoneX Stadium for High Jump on Monday night. In addition, on Monday and Wednesday nights, we have sessions for Under 20 and Senior Sprints, and Pole vault. Also Pole Vault on Monday and Wednesday nights.

Endurance coaches also hold sessions at Woodside Stadium, Watford, St Albans and Trent Park.

If you require any further information, please contact our Coaching Secretary – Jeremy Sothcott e-mail jeremy.sothcott@btinternet.com for Endurance/Middle Distance, Ty Holden e-mail djtyholden@yahoo.co.uk for Sprints/Jumps and Clyde Gordon e-mail Clydeg67@hotmail.co.uk for Throws..

Our coaches have DBS certification. Their respective qualifications can be viewed on the Shaftesbury Barnet Harriers website. Coaches also hold sessions at other venues, details and availability can be found at <http://sbharriers.co.uk/coaching-officials/coaches/>

CLUB HOODIES

With well over eight hundred hoodies already in circulation, this is your opportunity to join the club. The bright red hoody is made to order and name embroidered on the front along with the club badge and has the Club name on the back. We now have 2 styles, the original pull over style at £37 + P&P or the new one with a full zip at £40 + P&P.

Here is the link to the Supreme Sports website which if you click on it, will take YOU to the new Club Hoody and allow you to then view the full range of Club kit online – <http://supreme-sports.co.uk/webshop/schools-and-clubs/shaftesbury-barnet-harriers/>

Please refer to Shaftesbury Barnet Harriers Weekly Newsletter for updated information on all fixtures <http://sbharriers.co.uk/news/>



Shaftesbury Barnet Harriers



www.shaftesburybarnet.co.uk

PRESIDENT: COLETTE HURLEY

SBH FIXTURE CARD – SUMMER 2025

CHAIRMAN

John Kelly
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e-mail john.kelly@ishtm.ac.uk

GENERAL SECRETARY

Philip Cunningham
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TREASURER

Geoffrey Morphitis
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e-mail geoffrey.morphitis@capeandd.com

OFFICIALS SECRETARY

Gerald Alterman
Tel: 07956 825781 (M)
e-mail gerald@marksman.plus.com

OFFICIALS CO-ORDINATOR

Rosalind Zeffertt

OFFICIALS CO-ORDINATOR

FIXTURES SECRETARY

James Davis
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e-mail james@davis4.co.uk
PROMOTIONS SECRETARY
Dave Bradley
Tel: 020 8428 9890 (H) 07961 452786 (M)
e-mail davidnbradley@btopenworld.com

COACHING SECRETARY

Jeremy Sothcott Tel: 020 8441 9309 (H)
07764 621424 (M)
e-mail jeremy.sothcott@btinternet.com

WELFARE OFFICERS

Men: Edward King
Tel: 07969 021244 (M)
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Women: Ana Pascal
Tel: 07904 390724
e-mail apascal18@gmail.com

TEAM MANAGERS

NATIONAL ATHLETIC LEAGUE

Team Manager Men: Daniel Rees
Tel: 07789 512763 (M)

email danielmrees@hotmail.co.uk

Assistant Team Manager Men:

Clyde Gordon

Tel: 07753 985525 (M)

email clydeg67@hotmail.co.uk

Team Manager Women: Colette Hurley

Tel: 07787 545826 (M)

e-mail hurleypc@aol.com

Assistant Team Manager Women:

Jacqui Agyepong

Tel: 07961 440663 (M)

e-mail Jaxpingpong@gmail.com

UK YOUTH DEVELOPMENT LEAGUE

U17 & U20

Team Manager Men U20: Ty Holden

Tel: 07737 803260 (M)

e-mail djtyholden@yahoo.co.uk

Team Manager Men U17: Clyde Gordon

Details as NAL

Team Manager Women: Jacqui Agyepong

Details as NAL

Team Manager Women: Anna Higson

Tel: 07966 785022 (M)

e-mail higsonanna@hotmail.com

EASTERN YOUNG ATHLETES

LEAGUE U13, U15 & U17

Team Manager Boys: Ty Holden

Details as UKYDL

Team Manager Girls: Jacqui Agyepong

Details as UKYDL

Team Manager Girls: Anna Higson

Details as UKYDL

MIDDLESEX YOUNG ATHLETES

LEAGUE U11, U13, U15 & U17

Team Manager Boys: Ty Holden

Details as UKYDL

Team Manager Girls: Jacqui Agyepong

Details as UKYDL

Team Manager Girls: Anna Higson

Details as UKYDL

SCVAC VETERANS LEAGUE

Team Manager Men: Clyde Gordon

Details as NAL

Team Manager Women: Sean Sutherland

Tel: 07909 895297 (M)

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