

Club Outdoor Field Records Women - Updated 23 July 2025
Changes Since The 14 June 2025 Issue Are Highlighted In Red

	Under 11	Under 13	Under 15	Under 17	Under 20	Under 23	Senior	35-39	40-44	45-49	50-54	55-59	60-64	65-69
HJ		1.50	1.70	1.72	1.83	1.75	1.88	1.48	1.35	1.25	1.10	1.10	1.18	
HJ								1.60						
LJ	4.00	4.94	5.44	5.91	6.05	5.84	6.60	5.28	4.69	4.00	3.90	3.99	3.91	3.01
LJ							6.63	5.81						
TJ			10.87	12.58	12.88	13.62	15.15	14.50	14.06	6.81	5.93	7.94	8.02	
TJ							15.29							
PV			3.30	3.50	4.00	4.25	4.45			3.00		1.85	2.51	
SP 2.72kg		8.21										8.85		
SP 3kg			10.72	13.76							9.38		7.33	6.33
SP 3.25kg		6.95	12.43											
SP 4kg				11.10	15.27	16.31	16.40	15.49	11.21	7.58	7.82			
DT 0.75kg		18.77												
DT 1kg		17.30	34.16	42.32	51.48	54.47	65.10	61.37	21.38	26.43	27.78	26.98	19.63	
JT 400g		30.11												
JT 500g			33.18	43.64				37.66			29.11	26.71	20.00	20.47
JT 500g 75+														15.26
JT 600g			24.94	38.24	46.45	49.22			19.83	23.16				
HT 3kg			29.62	53.51							45.00	29.54	26.86	24.69
HT 4kg				46.95	60.83	63.87	63.96	50.38	44.23	23.08	32.38		23.97	