

**Premiership**

**Timetable 2025**

|  |  |  |  |  |  |  |
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| **Event** | **Time** | **Track Event** |  | **Field Event** |  | **Report time** |
| F01 | 11.10 |  |  | Long Jump | Women | 10.40 |
| F04 | 11.10 |  |  | Discus | Men | 10.40 |
| F03 | 11.20 |  |  | Hammer Outside | Women | 10.50 |
| F02 | 11.25 |  |  | Pole Vault | Men | 10.40 |
| T03 | 11.40 | 400m hurdles | 2 Races |  | Men | 11.25 |
| T04 | 12.00 | 400m hurdles | 2 Races |  | Women | 11.45 |
| T05 | 12.15 | 800m | 2 Races |  | Men | 12.00 |
| T06 | 12.25 | 800m | 2 Races |  | Women |  |
| F05 | 12.30 |  |  | High Jump | Women | 12.00 |
| T07 | 12.40 | 100m | 2 Races |  | Men | 12.25 |
| T08 |  | 100m | 2 Races |  | Women |  |
| T01 |  | 100m N/Scoring | 4 Races |  | Men |  |
| T02 |  | 100m N/Scoring | 4 Races |  | Women |  |
| F07 | 12.50 |  |  | Long Jump | Men | 12.20 |
| F08 | 12.50 |  |  | Discus | Women | 12.20 |
| F06 | 13.05 |  |  | Hammer Outside | Men | 12.35 |
| T09 | 13.45 | 2k/3k Steeplechase | 1 Race |  | Men | 13.30 |
| T10 | 14.05 | 110m Hurdles | 2 Races |  | Men | 13.50 |
| T26 | 14.25 | 2k/3k Steeplechase | 1 Race | Women | Women | 14.10 |
| F10 | 14.30 |  |  | Javelin | Women | 14.00 |
| F09 | 14.30 |  |  | Triple jump | Woman | 14.00 |
| F12 | 14.55 |  |  | Pole Vault | Women | 14.10 |
| T12 | 14.45 | 100m Hurdles | 2 Race |  | Women | 14.30 |
| F11 | 15.05 |  |  | Shot | Men | 14.25 |
| T13 | 15.05 | 400m | 2 Races |  | Men | 14.50 |
| T14 |  | 400m | 2 Races |  | Women |  |
| T15 |  | 400m N/Scoring | 1 Race |  | Men |  |
| T16 |  | 400m N/Scoring | 1 Race |  | Women |  |
| F13 | 15.20 |  |  | High Jump | Men | 14.40 |
| T17 | 15.40 | 1500m | 1 Races |  | Men | 15.25 |
| T18 |  | 1500m | 1 Races |  | Women |  |
| T19 | 15.55 | 200m | 2 Races |  | Men | 15.40 |
| T20 |  | 200m | 2 Races |  | Women |  |
| T21 |  | 200m N/Scoring | 1 Race |  | Men | 15.55 |
| T22 |  | 200m N/Scoring | 1 Race |  | Women |  |
| F14 | 16.15 |  |  | Triple Jump | Men | 15.45 |
| F15 | 16.15 |  |  | Javelin | Men | 15.45 |
| F16 | 16.20 |  |  | Shot | Women | 15.50 |
| T23 | 16.30 | 3k or 5k | 1 Race |  | Men | 16.15 |
| T24 | 16.50 | 4 x 100m Relay | 1 Race |  | Men | 16.30 |
| T25 |  | 4 x 100m Relay | 1 Race |  | Women |  |
| T11 | 17.10 | 3k or 5k | 1 Race |  | Women | 16.55 |
| T27 | 17.30 | 4 x 400m Relay | 1 race | Women |  | 17.10 |
| T28 | 17.35 | 4 x 400m Relay | 1 Race | Men |  |  |
|  | 17.40 | FINAL TEAM SCORE | | | | |