Eastern Young Athletes' League Finals Timetable 2025

Time	Event	Group		Time	Event	Group	Team to judge
11.40	70mH	U13 G		11.30	U17 W	High Jump	4
	75mH	U15 G			U13 G	Shot Putt	5
	75mH	U13 B			U17 M	Long Jump	6
	80mH	U17 W			U17/U15	Hammer (M+F)	1
	80mH	U15 B		11.45	U17W/U15G	Polevault Female	2
	100mH	U17 M					
12.35	800m	U13 G		12.15	U13 G	High Jump	3
	800m	U15 G			U15 G	Shot Putt	5
	800m	U17 W			U15 B	Long Jump	4
	800m	U13 B					
	800m	U15 B		12.45	U15 B	Discus	6
	800m	U17 M			U13B	Javelin	1
13.25	100m	U13 G		13.00	U15 G	High Jump	5
	100m	U15 G			U17 W	Shot Putt	4
	100m	U17 W		13.15	U13 B	Long Jump	2
	100m	U13 B			U17M/U15B	Polevault(Male)	3
	100m	U15 B					
	100 m	U17 M		13.30	U17 M	Discus	6
					U13G	Javelin	1
14.30	400m	U17 M		13.55	U17 W	Long Jump	4
					U13 B	Shot Putt	2
14.40	300m	U15 G			U17M	High Jump	5
	300m	U17 W					
	300m	U15 B		14.10	U17 W	Discus	6
					U15 B	Javelin	1
15.00	1500m	U13 G (1 race per age-group)					
	1500m	U15 G		14.40	U13 G	Long Jump	2
	1500m	U17 W			U17 M	Shot putt	4
	1500m	U13 B					
	1500m	U15 B		14.55	U15 G	Discus	5
	1500m	U17 M			U17 W	Javelin	3
					U15 B	High Jump	6
15.50	200m	U13 G					
	200m	U15 G		15.25	U15 G	Long Jump	2
	200m	U17 W			U15 B	Shot Putt	1
	200m	U13 B					
	200m	U15 B		15.35	U13 G	Discus	5
	200m	U17 M			U17 M	Javelin	3
16.40	4 x 100m	U13 G		15.25	U13 B	High Jump	4
	4 x 100m	U15 G					
	4 x 100m	U17 W		16.15	U17 W/M	Triple Jump	2 & 6 together
	4 x 100m	U13 B			U15 G	Javelin	3
	4 x 100m	U15 B			U13 B	Discus	1
	4 x 100m	U17 M					

- A and B string in each event, with the exception of the relays where there will be one scoring team per age group per club, and the pole-vault and hammer which are limited to "A" string only.
- Where A & B string races are held separately team managers arc expected to put the better runner in the A string. Failure to do this can lead to disqualification of both strings.
- No non-scoring competitors will be permitted

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Individual club field event allocations are:

Team 1

11.30	Hammer	U17/U15 M+F
12.45	Javelin	U13 Boys
13.30	Javelin	U13 Girls
14.10	Javelin	U15 Boys
15.25	Shot Put	U15 Boys
16.15	Discus	U13 Boys

Team 2

11.45	Polevault	U17Women/U15Girls
13.15	Long Jump	U13 Boys
13.55	Shot Put	U13 Boys
14.40	Long Jump	U13 Girls
15.25	Long Jump	U15 Girls
16.15	Triple Jump	U17 Men/Women

(Triple Jump together with team No 6)

Team 3

12.15	High Jump	U13 Girls
13.15	Polevault	U17 Men/U15 Boys
14.55	Javelin	U17 Women
15.35	Javelin	U17 Men
16.15	Javelin	U15 Girls

Team 4

11.30	High Jump	U17 Women
12.15	Long Jump	U15 Boys
13.00	Shot put	U17 Women
13.55	Long Jump	U17 Women
14.40	Shot Put	U17 Men
15.25	High Jump	U13 Boys

Team 5

11.30	Shot Put	U13 Girls
12.15	Shot Put	U15 Girls
13.00	High jump	U15 Girls
13.55	High Jump	U17 Men
14.55	Discus	U15 Girls
15.35	Discus	U13 Girls

Team 6

11.30	Long Jump	U17 Men
12.45	Discus	U15 Boys
13.30	Discus	U17 Men
14.10	Discus	U17 Women
14.55	High Jump	U15 Boys
16.15	Triplejump	U17 Men/Women

(Triple Jump together with team No 2)

At least one member of each field team should be a qualified Official of at least level 2. Visiting clubs should notify the host club in advance if this presents a problem. If the host club is unable to find a suitable official to lead that field team, the Referee can decide that the event(s) cannot take place.

All clubs to provide at least one track judge & one timekeeper & a team of 4 field officials to report to the referee/chief 30 mins before the first event.

The host club should have a 2nd Highjump bed available ready for competition if possible, and this should be used to start the next event if the previous event has not finished. The referee can ask clubs for additional officials/helpers if this is necessary.

Warm-ups should start well before the scheduled event time, if the area is clear, so that the event can start on time or as soon as possible after the scheduled time.