

WHAT IS THE LEE VALLEY INDOOR MINITHON – We like to think of the Minthon as a mini Olympics and as a place where children can come and compete in athletics and have fun at the same time. Over the years, the Minithon has been a place where children have enjoyed their first taste of athletics. It's also been the breeding ground of Olympic stars and some of the athletes you see on TV today whom first started competing in this very place. More importantly than that, those who participate often stay in the sport for years to come and be part of the Athletics Community.

For School years: Year 3 - Year 7 - Price: £18.50 per child

Participants can choose to compete in up to three of the following events - 60m Hurdles (excluding Year 3), 60m, 200m, 600m, Long Jump, Javelin (excluding Year 6 and 7), Shot Put and High Jump (Year 6 and 7 only)

LEE VALLEY INDOOR MINITHON – Takes place on **Saturday 18 October** at the Lee Valley Athletics Centre, 61 Meridian Way, London (**N9 0AR**)

Link to information and enter yourself on Opentrack - <https://data.opentrack.run/en-gb/x/2025/GBR/minithon1/>

Entries Closing Date Sunday 12 October

Note: You will have to be enter yourself, and pay the appriate fee

LEE VALLEY INDOOR MINITHON – Takes place on **Saturday 20 December** at the Lee Valley Athletics Centre, 61 Meridian Way, London (**N9 0AR**)

Events - 60m Hurdles (excluding Year 3), 60m, 200m, 600m, Long Jump, Javelin (excluding Year 6 and 7), Shot Put and High Jump (Year 6 and 7 only)

Entries to open on Monday 20 October, use link below

Entries Closing Date TBC

Note: You will have to be enter yourself, and pay the appriate fee

LEE VALLEY INDOOR MINITHON – Takes place on **Saturday 28 March** at the Lee Valley Athletics Centre, 61 Meridian Way, London (**N9 0AR**)

Events - 60m Hurdles (excluding Year 3), 60m, 200m, 600m, Long Jump, Javelin (excluding Year 6 and 7), Shot Put and High Jump (Year 6 and 7 only)

Entries to open on Opentrack on Monday 2 February, use link below

Entries Closing Date TBC

Note: You will have to be enter yourself, and pay the appriate fee

Link to all information, this is where you can enter the 3 minithons - <https://www.better.org.uk/leisure-centre/lee-valley/athletics-centre/minithon>