

North West London Young Athletes CC League
16, Roman Close, Claybrooke Magna, Lutterworth, Leics, LE17 5DU
Tel. 01455 209336 e.mail fowlerclaybrooke@aol.com

FIXTURE 1 to be held at Wormwood Scrubs Park. Hammersmith on Saturday 27 September 2025.. Host Club Thames Valley Harriers.

Numbers, declaration sheets, etc will be available to Team Managers either adjacent to the start area or in the TVH Clubhouse (depending on weather conditions).

Travel and parking. East Acton on The Central Line is the closest station, a few minutes walk to the course. Bus routes stop on Du Cane Road by Hammersmith Hospital and on Scrubs Lane. The Wormwood Scrubs Car park entrance is Artillery Lane off Du Cane Road (Look for the small signpost) this will take you between the hospitals and the prison. Postcode for satnav W12 0AE. At the end of Artillery Lane, approaching The Scrubs there is a 6'6" height barrier entrance to the main car park. Linford Christie Stadium is located at the end of the car park. Parking fees of £2.20 per hour now (unfortunately) apply at weekends. The car park may be busy as there will football matches taking place also. There may also be limited parking places next to Wormwood Scrubs on Braybrook Street (between East Acton Station and The Stadium. This is free at weekends. If you can travel by Public Transport this is recommended. Please note that The Stadium is located within London's Ultra Low Emission Zone.

Refreshments will be on sale in the TVH Clubhouse which is in The Stadium adjacent to the track. There are temporary toilet cabins in the stadium (The former changing rooms have been demolished and work is in progress. Entrance into the stadium is via blue gates adjacent to the start/finish area.

Athletes should arrive changed and ready to compete.

Team Managers are reminded that Club vests must be worn by all athletes.

Race 1	12-30 pm.	- under 11 boys and girls –	distance	1.75 km
Race 2	12-45 pm.	- under 13 boys and girls -	distance	2.6 km
Race 3	13-05 pm.	- under 15 boys and girls -	distance	3.5 km
Race 4	13-30 pm.	- under 17 men and women	distance	4.35 km

As always there will separate funnels for male and female runners to enable recording.

BRIAN FOWLER