

NW London Young Athletes Cross Country fixture 1 WORMWOOD SCRUBS, Saturday 27th September 2025



Race 1	12.30	Under 11s - 1 x Red Lap = 1.75km	Race 2	12.45	Under 13s - 1 x Blue Lap = 2.6km
Race 3	13.05	Under 15s - 2 x Red Lap = 3.5km	Race 4	13.30	Under 17s - Blue Lap + Red Lap = 4.35km