

**B SBH Club Outdoor Field Records Men - Updated 29 October 2025**  
**Changes Since The 23 July 2025 Issue Are Highlighted In Red**

|           | Under 11 | Under 13 | Under 15  | Under 17  | Under 20 | Senior     | 35-39      | 40-44 | 45-49 | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 |
|-----------|----------|----------|-----------|-----------|----------|------------|------------|-------|-------|-------|-------|-------|-------|-------|
| HJ        | 1.20     | 1.55     | 1.90      | 2.00      | 2.15     | 2.26       | 1.55       |       | 1.86  | 1.60  | 1.60  |       |       |       |
| LJ        | 4.27     | 5.58     | 7.12 w3.0 | 7.23 w3.5 | 7.73     | 8.21       | 6.96       |       | 5.78  | 5.10  | 5.70  | 5.57  |       |       |
| LJ        |          |          | 6.79 w1.8 | 7.19 w1.2 |          |            | 7.26 w3.5  | 6.08  |       |       |       |       |       |       |
| TJ        |          | 11.03    | 14.11     | 15.28     | 15.84    | 17.3       | 16.83      |       | 9.25  | 9.29  | 12.18 | 12.10 |       |       |
| TJ        |          |          |           |           |          | 17.31 w4.4 | 16.87 w2.4 |       |       |       |       |       |       |       |
| PV        |          |          | 4.40 (0)  |           |          |            |            |       |       |       |       |       |       |       |
| PV        |          | 2.40     | 4.30      | 5.20      | 5.50     | 5.60       |            | 1.90  | 2.10  | 2.50  | 1.90  |       |       |       |
| SP 3.25kg | 4.90     | 12.37    |           |           |          |            |            |       |       |       |       |       |       |       |
| SP 3kg    | 3.72     | 12.82    |           |           |          |            |            |       |       |       |       |       |       |       |
| SP 4kg    |          | 9.00     | 15.85     |           |          |            |            |       |       |       |       |       |       |       |
| SP 5kg    |          |          |           | 17.40     |          |            |            |       |       |       |       | 10.47 |       |       |
| SP 6kg    |          |          |           |           | 18.26    |            |            |       |       | 13.90 | 12.97 |       |       |       |
| SP 7.26kg |          |          |           |           | 15.92    | 20.94      | 17.99      | 11.79 | 10.22 |       |       |       |       |       |
| DT 1kg    | 14.86    | 34.43    |           |           |          |            |            |       |       |       |       | 38.64 |       |       |
| DT 1.25kg |          |          | 53.26     |           |          |            |            |       |       |       |       |       |       |       |
| DT 1.5kg  |          |          |           | 62.96     |          |            |            |       |       | 51.97 | 48.25 |       |       |       |
| DT 1.75kg |          |          |           |           | 62.79    |            |            |       |       |       |       |       |       |       |
| DT 2kg    |          |          |           |           | 56.44    | 67.73      | 48.06      | 42.31 | 32.46 |       |       |       |       |       |
| JT 400g   | 18.86    | 40.72    |           |           |          |            |            |       |       |       |       |       |       |       |
| JT 600g   |          | 28.00    | 59.52     |           |          |            |            |       |       |       |       | 34.72 |       |       |
| JT 700g   |          |          |           | 62.20     |          |            |            |       |       | 29.82 | 17.49 |       |       |       |
| JT 800g   |          |          |           | 66.94     | 77.48    | 85.09      | 79.04      | 65.64 | 39.9  |       |       |       |       |       |
| HT 3.25kg |          | 20.21    |           |           |          |            |            |       |       |       |       |       |       |       |
| HT 3kg    |          | 36.47    |           |           |          |            |            |       |       |       |       |       |       |       |
| HT 4kg    |          |          | 56.40     |           |          |            |            |       |       |       |       |       |       |       |
| HT 5kg    |          |          |           | 66.94     |          |            |            |       |       |       |       |       |       |       |
| HT 6kg    |          |          |           |           | 70.02    |            |            |       |       | 39.02 | 19.37 |       |       |       |
| HT 7.26kg |          |          |           |           | 60.37    | 76.45      | 60.03      |       | 23.95 |       |       |       |       |       |