C - SBH All Men's Indoor Club Records For Track Records As Of 12 February 2026

	Under 11	Under 13	Under 15	Under 17	Under 20	Senior	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74
50m					5.88	5.73	6.89	6.99	7.29	7.86	8.36			
60m	8.90	8.06	7.18	6.89	6.66	6.51								
100m	14.40	13.53		11.48	11.72									
150m	22.74													
200m	29.82	27.74	23.41	21.78	21.68	20.95		22,21	26.01	25.51	22.15			
300m			37.76											
400m				49.88	48.59	45.82			50.01	58.12				
600m	1:50.75	1:42.09			1:25.76	1:19.45								
800m		2:18.17	2:15.26	1:54.80	1:53.24	1:46.93			1:58.53	1:58.80				
1000m						2:23.70								
1500m			5:00.39	4:04.16	3:50.72	3:42.36	3:50.72		4:04.01	4:09.22				
1 Mile					4:05.13	4:00.43								
3000m				9:10.99	8:13.40	7:43.84		8:49.86	9:42.83	8:41.06				
5000m						13:09.38								
10000m						31:30.0								
60m H				8.01	8.03	7.52								
60m H					8.17									
2000m SC						5:37.63								
Heptathlon				4315	5026	5780								
Pentathlon						3709								
Octathlon						5691								

	Under 11	Under 13	Under 15	Under 17	Under 20	Senior	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74
HJ		1.45	1.56	1.96	2.14	2.29				1.80	1.29			
PV			3.61	4.85	5.21	5.40								
LJ	3.37	4.85	5.63	7.07	7.62	8.14		5.99		6.09	5.68	5.15		
TJ				14.58	15.87	16.97					11.89	10.98		
SP 2kg	6.10													
SP 3kg		5.80												
SP 3.25kg		7.40												
SP 4kg			11.62											
SP 5kg				10.89										
SP 6kg					17.57									
SP 7.26kg					13.22	20.66	14.50		9.48					
W 35lb						20.46								