

WATFORD OPEN MEETING – Takes place on **Wednesday 1 April** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 100m, 7.15pm 1500m no times over 5 minutes 30 seconds, 9.00pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 19 March – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 19 March

WATFORD OPEN MEETING – Takes place on **Wednesday 15 April** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 200m, 7.15pm 400m no under 16s, 7.30pm 800m no times over 2 minutes 45 seconds, 9.00pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 2 April – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 2 April

WATFORD OPEN MEETING – Takes place on **Wednesday 29 April** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 100m, 7.15pm 1500m no times over 5 minutes 30 seconds, 9.00pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 16 April – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 16 April

WATFORD OPEN MEETING – Takes place on **Wednesday 13 May** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 400m no under 16s, 7.15pm 800m no times over 2 minutes 45 seconds, 9.00pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 30 April – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 30 April

WATFORD OPEN MEETING – Takes place on **Wednesday 27 May** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 100m, 7.15pm BMC, 7.50pm 1500m no times over 5 minutes 30 seconds, 9.10pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 14 May – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 14 May

WATFORD OPEN MEETING – Takes place on **Wednesday 10 June** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 200m, 7.15pm 800m no times over 2 minutes 45 seconds, 9.00pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 28 May – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 28 May

WATFORD OPEN MEETING – Takes place on **Wednesday 24 June** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 100m, 7.15pm BMC, 7.50pm 1500m no times over 5 minutes 30 seconds, 9.10pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 11 June – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 11 June

WATFORD OPEN MEETING – Takes place on **Wednesday 8 July** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 400m no under 16s, 7.15pm 800m no times over 2 minutes 45 seconds, 9.00pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 25 June – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 25 June

WATFORD OPEN MEETING – Takes place on **Wednesday 22 July** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 200m, 7.15pm 1500m no times over 5 minutes 30 seconds, 9.00pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 9 July – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 9 July

WATFORD OPEN MEETING – Takes place on **Wednesday 5 August** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 100m, 7.15pm BMC, 7.50pm 800m no times over 2 minutes 45 seconds, 9.10pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 23 July – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 23 July

WATFORD OPEN MEETING – Takes place on **Wednesday 19 August** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 200m, 7.15pm 1500m no times over 5 minutes 30 seconds, 9.00pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 6 August – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 6 August

WATFORD OPEN MEETING – Takes place on **Wednesday 2 September** at the Woodside Stadium, Horseshoe Lane, Watford (**Satnav WD25 7HH**).

Age-Groups Under U14 and above Men/Women.

Timetable – **7.00pm 200m, 7.15pm 100m, 7.30pm 800m no times over 2 minutes 45 seconds, 9.00pm 3000m no times over 11 minutes 00 seconds no under 14s**

Entries opens on roster athletics on 20 August – <https://meets.rosterathletics.com/public/competitions>

Note: You will have to enter yourself and pay the appropriate entry fee. There are no entries on the day, and there is a probability that the limits for all events will be taken up maybe a week from the 20 August