FIXTURE INFORMATION FOR NOVEMBER 2026

LEE VALLEY INDOOR MINITHON (YOURSELF) – Takes place on **Sunday 1 November** at the Lee Valley Athletics Centre, 61 Meridian Way, London **(N9 0AR)**
Entries are now closed, although many SBH athletes have entered

LONDON CHAMPIONSHIPS (CLOSED) – Takes place on **Saturday 7 November** at Parliament Hill Fields, Hampstead Heath **(SatNav NW5 1QR)**, nearest station is Gospel Oak.
Timetable – **13.15** U20 and Senior Women (6k), **14.00** Under 20 and Senior Men (10k).
To Qualify you must have to be (a) born in the Greater London area, (b) has not less than one year's bona fide residence in the Greater London area, (c) has not less than one year's continuous full-time employment in the Greater London area, (d) has not less than one year's full-time attendance at an education establishment in the Greater London area.
Map of Parliament Hill and adjoining roads and stations, start of races close to athletic track - https://www.google.co.uk/maps/@51.5596772.-0.1597202.15z
Entries Closing Date Tuesday 27 October
Note: You will have to be pre-entered by your respective Team Manager

LONDON YOUTH GAMES (CLOSED) – Takes place on **Saturday 7 November** at Parliament Hill Fields, Hampstead Heath **(SatNav NW5 1QR)**, nearest station is Gospel Oak.
Note: You will be selected by your respective Borough Team Manager

START FITNESS METROPOLITAN LEAGUE (OPEN) – The second fixture of five takes place on **Saturday 14 November** at Trent Park, Cockfosters Road, Middlesex **(SatNav EN4 0JZ)**.
Note: For all information including maps of course can be found on this link - https://metleague.run/Fixtures/
Timetable – **12.00** Under 12 Boys (2000m), **12.02** Under 12 Girls (2000m), **12.10** Under 14 Boys (3000m), **12.12** Under 14 Girls (3000m), **12.30** Under 16 Boys (3800m), **12.32** Under 16 Girls and Under 18 Women (3800m), **12.50** Under 18 Men (5500m), **13.20** Senior/Veteran Women (7200m), **14.20** Senior/Veteran Men 7200m)
Note: You do not have to be pre-entered, just turn up and run.
Please collect your race numbers from the team managers – SIMON KEENE, TY HOLDEN or HELEN BETTRIDGE

START FITNESS METROPOLITAN LEAGUE RACE NUMBERS – I have been asked to remind you that your race number must be kept by yourselves, and is to be used for all 5 fixtures.

SBH WINTER POINTS CHAMPIONSHIPS – The second Start Fitness Metropolitan League fixture at Trent Park, is the second race in the Winter Points Series for all age-groups.
Age-Groups Under 14 to Veteran Men and Women, the final positions are based on the best 5 results from the 7 fixtures available. Age-Groups Under 12 Boys and Girls, the final positions are based on the best 4 results from the 6 fixtures available.

NORTH WEST LONDON LEAGUE (OPEN) – The third fixture of five takes place on **Saturday 21 November** at Trent Park, Cockfosters Road, Middlesex **(SatNav EN4 0PS)**.
For age-groups U12, U14, U16 & U18 Boys and Girls
The start is close to the car park which is accessible from the western gate of Trent Park, found on the left-side before reaching Cockfosters underground station (Piccadilly line).
Timetable –First race Starts at **12.00noon**.Numbers will be given out close to the start area.
Note: You do not have to be pre-entered, just turn up and run. Please see TY HOLDEN or HELEN BETTRIDGE who will give you a race number

FRATERNITY AND SORORITY CUPS (OPEN) – Takes place on **Saturday 21 November** at Trent Park, Cockfosters Road, Middlesex **(SatNav EN4 0PS)**. The start is close to the car park which is accessible from the western gate of Trent Park, found on the left-side before reaching Cockfosters underground station (Piccadilly line).
Timetable – **13.45** 7700m for Men/Women – U20, Senior and Veteran. Numbers will be given out close to the start area.
Note: You do not have to be pre-entered, just turn up and run

SBH 136th ANNUAL GENERAL MEETING (OPEN) – Takes place on **Tuesday 24 November** in the 100 Club, East Stand, StoneX Stadium, Greenlands Lane, Hendon, London **(SatNav NW4 1RL)**. The presentation of Awards will not be held at the AGM, but in a seperate event in early 2027.
Link to the Agenda –

SOUTHERN INTER COUNTY CHAMPIONSHIPS (CLOSED) – Takes place on **Saturday 28 November** at Lloyd Park, Croydon **(SatNav CR0 5RA)**. .
Timetable – **11.00** U14 Girls (Approximately 3k), **11.20** U14 Boys (Approximately 3k), **11.40** U16 Girls (Approximately 4k), **12.25** U16 Boys (Approximately 4k), **12.50** U18 Men (Approximately 5k), **13.15** U18 Women (Approximately 5k), **13.40** U20 Women and Senior Women (Approximately 6k)
Entries Closing Date Friday 13 November
Note: You will have to be pre-entered by your County Team Manager

SOUTHERN MASTERS CHAMPIONSHIPS (CLOSED) – Takes place on **Saturday 28 November** at Lloyd Park, Croydon **(SatNav CR0 5RA)**.
Timetable – **11.45** Women 40+ 50+, 60+ (Approximately 6k), **14.10** Men 40+, 50+, 60+ (Approximately 10k)
Entries Closing Date Friday 13 November
Note: You will have to be pre-entered by your respective Team Manager

UK CROSS CHALLENGE AND EUROPEAN TRIALS (YOURSELF) – Takes place on **Saturday 28 November** at Sefton Park, Liverpool